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Letters to the Editor

Is Heaven the Reward of the

I just finished reading the article "What Is the Reward of the Saved...Heaven?" in the November issue. I liked it and agree somewhat, but then I came to where you said no man ascended into Heaven except Christ! I always thought Enoch and Elijah did. Correct me if I'm wrong.

Sandra W., Charleston, South Carolina

• Our "Answers to Your Questions" section (see inside back cover) deals with this common misconception.

Tithing

I have thought about tithing for a long time but I want to be sure I am not doing it just because of a hope for financial gain. So many of the letters published in the November issue tell of financial gains realized after people began to tithe that it seems you are trying to sell tithing by appealing to selfish motives.

How can I avoid the feeling that I would be tithing for selfish reasons?

John B., San Gabriel, Calif.

• Tithing is a big subject. And it's an important one to God. Malachi shows that tithing is one of the first things to do when a person wants to return to his God. Read the question in Malachi 3:7, "Wherein shall we return?" And read the answer in Malachi 3:8, "In tithes and offerings"!

Tithing is also a test of faith. It tests a person's faith to believe that 90% of his income can cover 100% of his expenses. It is a test of faith to trust God to provide for you. Sometimes, it's a help to read how many times and in how many ways God has kept His word. He's done it for others; He will do it for you.

To this end, we decided to share the ex-

periences of some of our readers with others who may be just a little afraid to step out in faith and obey God.

Is it wrong to want to be blessed? Of course not. If it were, God would not hold out blessings as an incentive to tithe!

But simply wanting to be selfishly blessed should not be the primary motivation for tithing! If you merely give to get, you cannot expect God to bless you.

Tomorrow's World staff members tithe but not for selfish reasons. We realize that our tithe dollars are going to make it possible for others to receive the precious truth of the Gospel! Tithing enables us to share God's way with thousands who need that understanding. And this should surely be one of the main reasons for tithing—to enable others to receive God's truth. That's unselfish, outgoing concern.

Of course there is also the matter of simple obedience! If there were no blessings attached to tithing at all, a true Christian should still want to tithe simply out of obedience to His Creator! We should tithe just because God says we should! No other reason should be required.

But happily, God has attached many blessings to the practice of tithing. All those who are willing to step out on faith and pay God back a tenth of His money will partake of those rewards.

Real Christian Understanding

I have been receiving Tomorrow's World for over two years. Having read all of the articles, I can truly say that, outside of the Bible, Tomorrow's World has been the greatest source of enlightenment and understanding of spiritual matters that I have ever read. Even though I have two college degrees plus post-graduate work, in which most of my academic work was done

(Continued on back cover)

About our cover

The mangled wreckage of a freeway auto crash. Injuries, heartache, shattered lives, untold suffering and expense result from accidents, which involve thousands every year. What causes accidents and why does God allow them? Do you live an accidental life? Be sure to read "Why Accidents?" beginning on page 4 of this issue!

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- Bible Laws The Foundation of Good Health
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Answers to Your Questions — Inside Back Cover

Tomorrow's WORLD

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Personal from



TOMORROW'S WORLD to Reach German, French, Spanish, Dutch in Their Languages

MOMENTOUS DECISION has just been made. For months we have faced the problem of getting TOMORROW'S WORLD to the many thousands of PLAIN TRUTH subscribers in Germany, France, Belgium, Holland, and Spanish-speaking countries.

The superintendents of our printing plants in Pasadena and Radlett, England, have been working on our mechanical problems of synchronizing the various foreign language editions in the composing rooms, and on our giant full-color magazine presses. But our main problem was one of cost — fitting this large additional production and distribution operation into the budget.

So I called our editors, printing plant managers, and others from England, Germany, and Texas (where the Spanish edition is edited) to Pasadena. Our editors and plant managers here at Headquarters, with our financial planners — some twenty executives — sat down with me in our board room.

It was a knotty problem. It meant another giant undertaking, and it involved large outlays of money. It appeared that our budget could not absorb so great an additional outlay.

Before this assembly of executives in God's Work, I began, after prayer, by stating the problem. A little over two years ago, we made a very important and far-reaching decision, changing the entire program of the Work.

This great worldwide Work was started through me, with the help of my wife, almost 38 years ago in Eugene, Oregon. The radio broadcast, which later came to be *The* World Tomorrow, started the first Sunday in 1934.

February 1, 1934, the first issue of *The Plain* Truth came out, a mimeographed "magazine," about 250 or 350 copies.

Both the radio program and *The Plain Truth* were then completely Biblically oriented. This very fact virtually confined listening and reading audiences to what is often called "the religious audience." I estimated this as not more than 5% to 8% of the total listening and magazine-reading population.

Yet there were reasons why the Work could not have been *started* any other way.

As the years and decades passed by, the percentage of that portion of the whole population appeared to decrease. The world was drifting away from sound moral and religious interest. Education had become totally academic, concerned only with the mind.

Gradually, in both the broadcasts and magazine articles, in order to get God's Message to the world — to get the world to LISTEN, or to read — we found it necessary to discuss more and more world conditions, social and family conditions and problems. And more and more, as prejudice increased against anything that sounded "religious," we had to speak to the world in the world's language, not in King James Bible language.

A little over two years ago, we were faced with the problem that as a straight Biblical religious message, we had reached the saturation point — the point of "diminishing returns." It was becoming more and more difficult to obtain time on the better and most-listened-to radio stations if the program contained any "religion." The same was true to a greater degree on T.V.

Faced with this situation, we made a drastic change in the editorial policy of *The Plain Truth*. It became entirely a secular-appearing magazine. I say secular-appearing because the word secular is sometimes used in the sense of meaning non-religious or even anti-religious.

Although *The* Plain Truth is actually based on Biblical revelation, instruction and teaching, it gives this teaching in non-Biblical and non-religious terminology. As the Apostle Paul was all things to all men, so we speak to the world in the world's language, not in religious-sounding language. Thus we do proclaim God's way of life, though we do not call it by that name — in *The* Plain Truth.

But this change in PLAIN TRUTH editorial policy (Continued on inside back cover)

ls Jesus God?

What is the REAL ANSWER? Is Jesus God? Is He the same as Jehovah? Is there more than one God? Here you will find GOD'S answer — from His own Word — as revealed in YOUR BIBLE.

by Herbert W. Armstrong

STARTLING as it may seem, there is great confusion today among religious leaders concerning the true nature and office of Jesus Christ—the Saviour of the world. You need not be in doubt! The Bible was divinely inspired to impart TRUTH to those who seek it with honest hearts and minds. But even this all-important subject has become jumbled in today's troubled and chaotic world.

Is Jesus God?

Jesus Christ came to pay the penalty for sin in our stead. He gave of Himself, that we might be reconciled to God. How was this made possible?

First, if Jesus had been only human, His death could have paid the penalty for but one other human who had incurred that penalty by transgression of God's spiritual Law (Romans 6:23). Since God the Father created all things by Jesus Christ (Eph. 3:9), and since all things, including man, were made by Jesus Christ, He is our Maker and therefore God, and His life which

He gave was of greater value than the sum total of all human beings. For we read, "In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not anything made that was made" (John 1:1-3). "And the Word became flesh and dwelt among us, full of grace and truth; we have beheld his glory, glory as of the only Son from the Father" (verse 14 — RSV). Also, "He was in the world, and the world was made through him, yet the world knew him not" (verse 10 ---RSV). Compare these scriptures with I Cor. 8:6 and Col. 1:12-19.

Life alone can beget life. This is the absolute law of biogenesis. Since Eternal life is the GIFT of God (John 3:16), only a God possessing immortality could give it. If Jesus were only human, we could not receive eternal life through Him and He could not be our Saviour. Man does not have eternal life inherent in himself. But, as God "the Father hath

life in himself; so hath He given to the Son to have life in Himself." And, "God hath given to us eternal life, and this life is in His Son. He that hath the Son hath life; and he that hath not the Son hath not life" (John 5:26 and I John 5:11-12).

He Was Also Human

On the other hand, Jesus was also human. Since it is human life which has transgressed God's Law, the Law claims buman life as its penalty. Contrary to popular present-day teaching, the Word of God states that the wages — the penalty — of sin, is DEATH - not eternal life in a so-called "hell fire" (Romans 6:23). When we sin, we break God's perfect spiritual law, "for sin is the transgression of the law" (I John 3:4). The penalty for this sin is death. The penalty must be paid. God the Father will not compromise. It must be paid by man. Therefore, Jesus, who is and was God, who has always existed (John 1:1, 2), was actually made flesh (verse 14). He, who was God, actually became

human flesh because I John 4:2, 3 ---RSV — states, "By this you know the Spirit of God: every spirit which confesses that Jesus Christ has come in the flesh is of God, and every spirit which does not confess Jesus is not of God." He was conceived in and born of the human virgin, Mary. "Now the birth of Jesus Christ took place in this way. When his mother Mary had been betrothed to Joseph, before they came together she was found to be with child of the Holy Spirit" (Matt. 1:18, RSV). He was made not only flesh, but human flesh and blood. Notice Heb. 2:14: "Since then the children are sharers in blood and flesh, himself also in like manner partook of the same" (Ivan Panin translation).

Jesus called Himself the Son of MAN repeatedly, and also the Son of God. Matthew wrote, "Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do men say that the Son of man is?' And they said, 'Some say John the Baptist, others say Elijah, and others Jeremiah or one of the prophets.' He said to them, 'But who do you say that I am?' Simon Peter replied, 'You are the Christ, the Son of the living God.' And Jesus answered him, 'Blessed are you, Simon Bar-Jona! For flesh and blood has not revealed this to you, but my Father who is in heaven'" (Matt. 16:13-17, RSV).

Jesus, in nature, is equal with God—
"Jesus: who, existing in God's form, counted not the being on an equality with God ought to be grasped at, but emptied himself... being made in likeness of men" (Phil. 2:6, Panin translation).

He is called God in Titus 2:10, 13. Therefore He is God. The Bible contains so much on these points that the above is a mere fragment of the evidence.

Yes, Jesus is also "Jehovah," although this word is a mistranslation used in the American Standard Version. The original name, in the Hebrew, contained the consonants "YHVH." In writing in Hebrew, vowels were omitted, supplied only in speaking. Thus the precise pronunciation of the name is not definitely known, but today it is commonly assumed to be Yahveh, or Yahweh. The meaning, in English, is

"THE ETERNAL," or "THE EVER-LIVING," or the "Self-Existent." It is commonly supposed that Yahveh, or, as commonly called, "Jehovah," or, as in the Authorized Version, "The LORD," of the Old Testament was God the FATHER of Jesus Christ. This is a flagrant error!

Yahveh was the God of Israel, the only One of the Godhead known to ancient Israel. When He came in human flesh they did not recognize Him. "He was in the world, and the world was made by him and the world knew him not" (John 1:10-11, Authorized Version). Neither did they know God the Father (Matt. 11:27 and Luke 10:22, Panin). "No one knoweth... who the Father is, save the Son, and he to whomsoever the Son willeth to REVEAL him."

In Genesis 1, the Hebrew name translated "God" is Elohim. This is a uniplural name, such as "church," or "family." A church or a family consists of more than one person, yet is one church, or one family. In this same sense Elohim — the God kingdom includes both God the Father and Yahveh, who was the Logos or the WORD of God, and also their Spirit emanating from them, the Holy Spirit, the LIFE, CHARACTER, and POWER of God. Jesus, in praying for the welfare of the Church, prayed that its many members might "be ONE, as we are one" (John 17:11, 21, Moffatt). The Church is ONE body, yet composed of many members (I Cor. 12:12). A husband and wife are ONE FLESH, yet two persons.

The word "God" has two meanings—the God kingdom or the family of God, AND the persons composing that kingdom or family. Christ and the Father are ONE God, not two Gods—one Flohim. That is why Elohim said, "Let us make man in OUR image" (Gen. 1:26).

Yahveh was the "Word" or Spokesman of the Godhead — its second member. As soon as God began to SPEAK to man, it was always Yahveh who spoke (translated "Lord" in the Authorized, and "Jehovah" in the American Standard Version. See Gen. 2:16, 18 and Exodus 20:2). Almost always it is Yahveh in the original Hebrew — the "Word" who was made

flesh. The proof of this is a long study involving hundreds of passages.

As a fragment of the evidence, compare Isaiah 8:13-14 with I Peter 2:7-8. Isaiah said, "The LORD of hosts" — YHVH shall be "a stone of stumbling and a rock of offence." Peter said, in *quoting* this text in reference to *Christ*, He is "a stone of stumbling, and a rock of offence." Jesus is the LORD — the Eternal of the Old Testament.

Now compare Isaiah 40:3 with Matt. 3:3 and Mark 1:3. John prepared the way before *Yahveh* (Isaiah 40:3) who was CHRIST (Mark 1:14-15).

In Rev. 1:17 we read, "When I saw him, I fell at his feet as though dead. But he laid his right hand upon me, saying, 'Fear not, I am the first and the last." And in verse 8, "'I am the Alpha and the Omega,' says the Lord God, who is and who was and who is to come, the Almighty." Again Rev. 22:13, "I am the Alpha and the Omega, the first and the last, the beginning and the end." Study also Rev. 22:16 for proof it was Jesus speaking. Jesus Christ calls Himself the Alpha and the Omega, the Beginning and the End, the First and the Last. Now compare these texts with Isaiah 44:6: "Thus says the LORD, the King of Israel and his Redeemer, the LORD of hosts: 'I am the first and I am the last; besides Me there is no God.'"

Now turn to Isaiah 48:11-12. "For my own sake, I do it, for how should my name be profaned? My glory I will not give to another. 'Hearken to me O Jacob, and Israel, whom I called! I am He, I am the first, and I am the last.'" Verses 17-18 show it was Yahveh speaking. And also in Isaiah 41:4, "Who has performed and done this, calling the generations from the beginning? I, the LORD, the first, and with the last; I am He." All of these scriptures show that Yahveh is the First and Last. Christ is the Yahveh of the Old Testament.

Christ Is the ROCK — The God of the Old Testament

In I Cor. 10:4, the "Rock" of the Old Testament is called Christ. "For they drank from the supernatural Rock which followed them, and the Rock

(Continued on page 32)



WHY ACCIDENTS?

You're living in an "accidental" age! It's a time of BELIEF in accidents — accidental lives, and accidental deaths! Here's all about accidents — and how to avoid them!

by Garner Ted Armstrong

by accident. Probably, you "just happened" to be living where you are. And did you marry by accident? Was your birth itself an accident?

Surprising as it seems, *accidents* seem to characterize not only our lives — but the very age in which we live.

Why World Believes in Accidents

For instance, did you know the most "intellectual" belief today concerning the existence of our world, and the universe itself is the firm faith (based on empty guesses) in an accident?

The universe came to be BY ACCI-DENT, say the evolutionists. The world "just happened" to be here, all by a rather fortuitous accident. Life, they say with faith in the careless, the chaotic, the happenstance, began upon our earth by accident.

And even those who profess belief in the religion of Christianity base their belief on an *accident*. They talk of the "fall" of man. Isn't a fall an accident?

But DID you come to be — accidentally? Is life only a serious collision? A bad fall? A helpless sinking into a morass?

The way many millions are living it, it would seem so.

Why Isn't Nature Accidental?

If everything that is — everything that exists — is only accidental, then, of

course, there is no God. And if our lives are only a chance occurrence, after millions of aeons of almost unbelievable mishaps, accidents, violent explosions, and chance meetings between lovesick amoebae of the opposite sex (!), then, of course, mankind is left free to live his life experimentally, accidentally.

Yes, there is GREAT FAITH in accidents today.

The really "educated" man of this modern society clings tenaciously to his accidental philosophy of accidents and happenstance.

He believes in accidental art — an insane, bearded creature flinging horrendous globs of paint in a frenzy of rage at a helpless canvas — and letting

the goo dry. This terrible waste of energy and paint and canvas is then viewed with awe by the "critics" who apparently have discovered some amazing new way to evaluate accidents.

Today, paint easels, pallets, bits of mangled steel and boards find their way into the art galleries.

The "educated" man of today believes in accidental music. A group of rock musicians get together, and, after jolts or doses of whatever stimulant, repressive, or noxious mixture of barbiturates and smoke that are required to send them reeling drunkenly into the accidental off-beats called acid rock—new "songs" are born. Or miscarried.

Millions believe those who "have it made" in life probably got their wealth by accident. Perhaps the proverbial rich uncle died, leaving them a fortune. Or they somehow won it all in the Irish Sweepstakes, on a TV quiz show, or just found it in the street.

So keen is the lust for accidental money tumbling into people's laps that a Negro janitor in Los Angeles, who, when he found a huge sum of money which had tumbled from a Brink's truck, and turned the money back to its rightful owners, was literally driven from his community by his neighbors.

They were FURIOUS because the accident had occurred to HIM, instead of them. *They* would have reasoned, "finders keepers, losers weepers."

Today, games of chance are being seriously considered as methods to enrich state treasuries.

The desire for the sudden wealth of an accidental turn of the dice, a chance spin of the wheel, a fortuitous flip of the cards has become a great swelling lust, eating the vitals of multiple millions.

"Maybe," "if only," "what if?" and "perhaps" — these are the slogans of the believer in accidents.

Is it then surprising they are the words used most frequently by anti-God evolutionists in fake support of their guesswork called theories?

If the great faith in accidents is true, why is it there is no proof? Why is it nature itself disproves it?

Look at the intricacy of nature around you. Everything you see is complex, harmonious, perfectly balanced —



Ambassador College Photo

British betting office. Gambling is the accidental way to wealth. The results are often tragic.

except for man's depredations and mistakes which throw nature *out* of proper balance from time to time.

Is the exact distance of our earth from the sun — just the EXACT distance necessary to give heat and light, and in just the proper amounts — an accident? Or was it planned? If the moon were a little closer, our tides would daily sweep the continents, making the world uninhabitable for any land-dwelling creatures. If the earth were further from the sun, our temperature would be below freezing, and the earth a solid ice cap. A little closer, and everything upon it would burn to a crisp.

Is it just an *accident* that our mantle of air shields us from the rays of the sun, protects us from the daily bombardment of millions of astral bodies from space, gives us air to breathe, weather for crops, our transportation, our very lives? Is it only an *accident?*

Was it only a fortunate *mistake* that the sea is of the exact depth, size, and chemical makeup to become the giant cleanser for the refuse of the world, the determining factor of the weather of the world, the major means of shipping, transportation and commerce of the world?

Is it only ACCIDENTAL that life produces life, and preexisting life of the same kind?

What about the briefest glimpse into the *creatures* of this earth? Is it only an accident that the salmon has the almost incredible ability to return to the very river, find the same tributary, swim unerringly to the same branch, and find the exact gravel bed where it was spawned, and from which it departed to the sea years before as a tiny fingerling?

Do migratory waterfowl fly thousands of miles through the thickest storms and find a tiny nest with unerring accuracy that defies the finest of man's radar, navigational instruments and weather forecasts — all by accident?

No, nature is NOT "accidental." Everything you see about you reflects tremendous *complexity*, careful *planning*, meticulous detail, great beauty and harmony, and follows definite, unchangeable, unshakeable, immutable LAWS. And still, the great "philosophers" and educators of the world believe, somehow, it all happened by accident.

An Accident-prone World

Today's news is mostly concerned with accidents — terrible train wrecks, plane crashes, automobile and bus collisions. Buildings collapse, stands fold at a sports scene, cars leap the racetrack roadway, and gas explosions hurl torn bodies through the air at an ice show.

Each newspaper is filled with the grisly details of the latest in a chain of terrible loss of life and property, or the permanent injury and maiming of human beings in some totally unexpected, unprepared for event — an accident.

The tearful spouse tells police about the knifing of his mate — sobbing, "I didn't MEAN it — I didn't WANT to HURT her — IT WAS AN ACCIDENT, a horrible mistake!"

And you're living in the frightening time when HUMAN ANNIHILATION is possible — as a result of an *accident*.

A faulty transistor, a bad tube, a way-ward airplane, a falling star, a tiny insect in a computer — these could set in motion a massive hydrogen bomb attack that could result in the obliteration of humanity. Accidentally.

You were BORN into a hostile world — a world of laws, forces, energies; a world of implements, machines, and other people.

As a baby, you were accident-

prone. Your mother had to protect you from falling off the bed, from picking up knives, from crawling over window sills, from running into the street.

As a child you lived through a series of accidents. You couldn't control your bodily processes — but each occasion was an accident — you didn't mean it.

An accident is a MISTAKE. It's not planned, or it couldn't BE an accident. It just seems to HAPPEN somehow. And, as a child, you made many mistakes.

But accidents don't only occur with sharp knives, furnace gratings, or baby's toys.

Millions of people are living LIFE accidentally!

Does Life Just "Happen" to You?

What's your average day like? How do you live? Is it just one event, one happening, one moment after the other?

Take an average teen-ager. He says, "Let's go down to the malt shop and see who's around." Later, after the gang fight, youths have said, "I don't know how it happened — a bunch of the fellows were just sorta 'hanging around' and then this guy yelled something —"

That's just it.

Nobody planned it, especially. It just "happened."

Do most of Your days just "happen"?

Probably they do unless you are totally different from the majority of people on this broad earth.

You have certain opinions, religious beliefs, political views, perhaps racial prejudices. How come? Where did you get them? Did you search out a PARTICULAR source, labeled with the particular approach you NOW have, and diligently seek to inculcate such views into your mind?

Probably not — but somehow, probably ACCIDENTALLY, they got *into* your mind.

Do you know WHY you're alive? Do you know your real GOAL in life? Do you know, and can you PROVE, your very purpose in drawing breath? Do you know how to fulfill that purpose, and have a sense of definite direction? Do you have a plan for the practical

step-by-step accomplishment of that purpose? Probably, you don't KNOW many people who live for any such purpose. Rather, they drift aimlessly through life, carelessly living each moment as it comes to them — following the line of least resistance.

They live accidentally.

How MUCH of Life Do You PLAN?

Did you "fall" in love? You may, from having heard the expression, seeing a number of Hollywood motion pictures, and reading a number of novels, THINK you did. But "falling" in love is IMPOSSIBLE!

Because LOVE is NOT THE RESULT OF AN ACCIDENT

Genuine love, if the world only knew, is a deep, serious, OUTGOING CONCERN. It is pointed AWAY from self, a desire to help, to serve, to GIVE to the one who is the object of that love.

And NO one EVER just "happened" to want to GIVE his life, his energies, his time, labor, thoughts, cares, hopes and dreams to another human being BY ACCIDENT.

What many people *call* love today is NOT love, but LUST!

And LUST DOES occur by accident, It is the most frequent accident involving human beings of the opposite sex. It is the common accident in the hearts of humans who want to GET — whether money, or the things money can buy — instead of GIVE.

When you first meet someone, you say, "How do you do?" Or, "My name is..." accompanied with a friendly smile and, perhaps, a handshake.

Then comes a period of acquaintance. First, of course, is the *appearance* of the other person. Then the voice, the eyes, mouth, features, stature.

Gradually, in prolonged acquaintance, and long conversations, you learn about the *background* of the other person. Perhaps you ask, "What do you do?" meaning, of course, "What is your occupation?" Then you begin to learn the opinions, personal feelings, likes and dislikes, philosophies, and perhaps even religion of the other person.

Gradually, you can come to KNOW another person.

And that's no accident.

Love for another person, TRUE love, does not just "happen" accidentally. Rather, it is the end result of coming to truly KNOW another, and then admiring, deeply respecting, agreeing with the other — and a desire to GIVE of yourself — a desire to SHARE the experiences of life with the one who is loved.

The love of God is clearly defined in the WORD of God, and is the complete epitomization of OUTGOING actions toward God, and toward man. Read I John 5:3 and see. God's laws define how to love God, and HOW to love your neighbor!

Did you PLAN your marriage?

Did you come to KNOW yourself, know your background, your desires, hopes and dreams — and evaluate them honestly and candidly in the light of the Word of God — and THEN seek to find a mate with whom you could really SHARE these right and true goals in life?

Probably not. And you probably don't KNOW many who did.

Did you plan the exact type vocation you now pursue? Did you PLAN your education carefully?

Did you plan your social life, your business contacts, your personal habits?

Or did *most* of these things just HAP-PEN to you?

And today — DO YOU PLAN YOUR LIFE?

How many people do you know who live a carefully thought out and planned day? How many housewives prepare, plan, think out, and then execute the purchasing of groceries and planning of meals for as much as a WEEK IN ADVANCE?

How many husbands carefully plan a balance in home study, recreation, family activities, periods of instruction for his children — and then follow that plan?

How many families live within a PLANNED budget? Not very many.

Most people are *impulse* buyers. That's what ushered in the supermarket, and the "drug" store carrying everything from neckties to nostrums.

They see, they WANT, they buy! But

the checkbook? The bank account? The budget? Well - they just never thought of that.

So, purchasing on time; repossession of automobiles, homes, furniture; payments on interest — these are the financial order of the day.

So look at your life. Look closely, and find out how much of your life is really just ACCIDENTAL — and not the result of careful planning, the following of rules and regulations, the obedience to laws and safety procedures.

MAN Is a PLANNED Creature!

God created man, and molded him carefully! David stood in AWE of the wonderful marvels of the physical creation. He said the human body and mind are fearfully and wonderfully made (Psalm 139).

One of the arguments of evolution — that of comparative embryology, anatomy, or the skeletal structures of various creatures — is actually one of the STRONGEST proofs of the existence of God! All of these studies prove a basic PLAN was formed — that a definite PATTERN was followed in the creation.

From the leaf of a tree to the wing of a fly, to the hand of man, to the web of a spider, one sees symmetry, uniformity, harmony, complexity, intricacy, exactness, precision, careful and meticulous thought and planning.

God is NOT THE AUTHOR of confusion [and is confusion ever PLANNED, except by the devil?], but of peace, as in all churches of the saints (I Cor. 14:33).

Originally, this earth was in perfect HARMONY and beautiful order. God created it NOT chaotic and in confusion, but to be inhabited (Isa. 45:18).

But the earth BECAME chaotic, disordered - a lifeless waste (Gen. 1:2).

How did it get that way?

By the planner of accidents, the enemy of order, the author of confusion, the inventor of lies, and the first rebel of all time, Satan the devil.

Read the accounts in Ezekiel 28 and Isaiah 14 of how Lucifer, the original "light bringer" of order and beauty became instead the CORRUPTER, and became UGLY!

And how UGLY are accidents, and the

results of them. How chaotic the charred embers of a burnt home, the twisted steel of a wrecked automobile. the scattered bodies after a battle. How depressing, how UGLY is the "accidental" art, music, literature - and the very lives people live today!

You didn't HAPPEN. You were PUT here for a great purpose. And a great PART of that purpose was to learn how to avoid accidents.

Since you are a PLANNED creature it's time you learned how to PLAN YOUR LIFE.

SAFETY Regulations!

Rules and regulations of safety are designed to PROTECT.

Always, safety regulations are designed by one who KNOWS THE DAN-GERS inherent in the area, the product, and the situation better than the novices who will be concerned with them. Parents know the terrible harm that can come to their children in certain circumstances and seek to PROTECT their children from such harm.

But, many children just "can't see it that way." They don't KNOW there is any real DANGER involved - they think Dad and Mom are just trying to hold them back - or just don't want them to have any fun! And, not KNOWING the dangers, they don't KNOW that they don't know them.

And most adult human beings are EXACTLY of that same attitude toward GOD and His safety regulations for life — the Bible.

Because the Bible is a book of SAFETY. It is a book on HOW TO AVOID ACCIDENTS!

It is an analysis of the most devastating, the most pathetic accidents in all history. The first lie, the first murder, the first adultery, robbery, the first war - they're all there. And Paul said under inspiration of the Holy Spirit they are WRITTEN FOR OUR rebuke and correction — because WE are the ones living in the last times! (I Cor. 10:11.)

The Bible was designed to PROTECT you against the accidents of life — to point the way to avoid them.

It tells youngsters WHY it is a TER-RIBLE MISTAKE TO NECK before marriage. It explains carefully why PERVERSION and SELF-INDULGENCE are terrible mistakes.

It illustrates every gamut of human emotion, every intrigue, every plot, jealousy, insidious plan, every attempt at subversion — and warns against each

It shows you how to skirt around financial danger, how to budget your time, how to plan your vacations, how to enjoy your visit with others, how to spend your every day.

Yes, it really does.

The Bible is God's book of SAFETY. It is His handbook to man on RULES and regulations to protect, to pre-SERVE, to WARN you away from dangers that can hurt you, either physically or mentally.

Sin is the breaking of God's Ten Commandments — the transgression of His LAW (I John 3:4). Write for our FREE booklet on the Ten Commandments, and read how each one is so tremendously applicable today.

To sin means, literally, to "miss the mark." In other words, to SLIP, to make a mistake, to HAVE AN ACCIDENT!

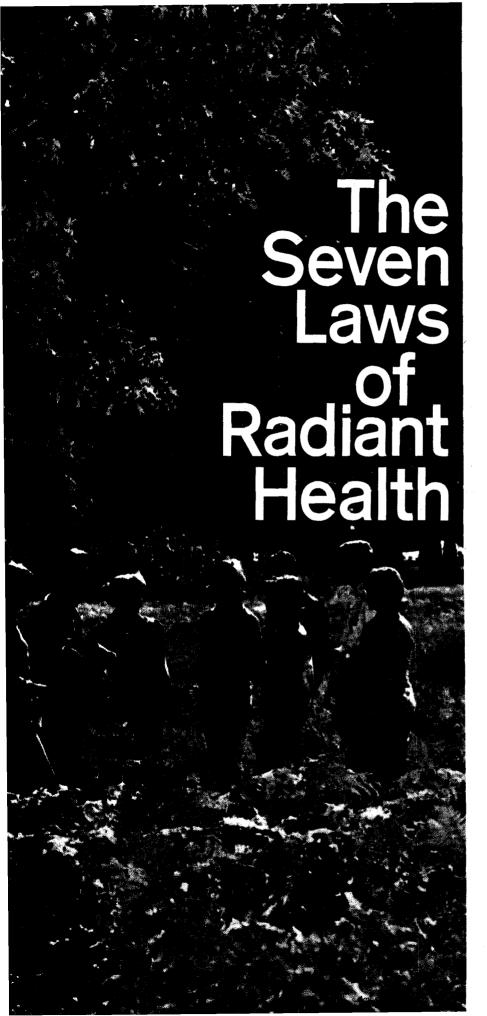
And MOST sin, especially sin which is the result of HUMAN LUST, JEALOUSY AND GREED — HUMAN VANITY — is an ACCIDENTAL type of sin.

God wants you to AVOID accidents. He wants you to FLEE SIN. And why? Because to sin is to have an accident and accidents HURT. It's about time you began PLANNING your life. It's high time you tried to avoid the terrible ACCI-DENTS of life and began living safely, happily, ABUNDANTLY.

The best possible way to begin is to find out MORE about that wonderful Book of Safety, that Guide to every day - the Bible. WRITE for the Ambassador College Correspondence Course. It is fully illustrated. Each 16-page monthly lesson has been designed to guide you through a systematic, indepth study of your own Bible — the Bible is your only textbook. There is no tuition cost whatsoever.

Then, once you've really PROVED everything to yourself, ACT on it begin to PLAN your actions, your beliefs, your opinions, your job, your marriage.

It's the only way to avoid living accidentally.



Should you be sick or feel only "half alive"? You need to understand the WAY to a healthier, more dynamic life!

by Roderick C. Meredith

This is the third in a series of eight articles on Christian living, success and preparation for the true Goal of a Christian. Use these articles as a Working Manual toward success today and as a direct preparation for the big job ahead in the World Tomorrow.

— Editor

DID YOU REALIZE that some thirty million Americans are yearly spending time in a hospital — 1,500,000 on any one day? Did you know that nearly half of all Americans, about 100 million people, suffer with at least one chronic disease or disability?

And the shocking truth is that seven out of ten persons over forty-five are afflicted with at least one chronic condition. A fantastic twenty-five million Americans have some stage of coronary-artery disease — thus making them candidates for heart attacks. In the U. S., heart disease now kills about 750,000 people annually.

In Britain, heart disease is now the biggest killer, causing one out of every three deaths. Forty years ago, the rate was only one in eight. Now it kills 200,000 Britons annually.

Where do you fit in?

Are you bubbling over with health, energy and enthusiasm? Are you free from all aches, pains and sickness? Do you enjoy the kind of vigorous, dynamic health that makes it seem good to be alive?

Or are you among the millions who are just half-well?

Make no mistake.

Christians are called to be a "light"
— an example to others. They are called to *help* and *serve* others. And

they are called to be LEADERS — preparing to rule with and under Jesus Christ in the *World Tomorrow*. But they simply cannot do this effectively if they are sick most of the time.

There Is a CAUSE for Sickness

People do not just happen to get sick. There is a CAUSE for every effect. And there is a definite cause for all sickness, disease and physical suffering which is so common in this modern world.

God does not intend for us to be sick. In III John, verses 1 and 2, God inspired John to write to an elder in the Church. "Beloved, I wish above all things that thou mayest prosper and be in health..." We know that God inspired all Scripture for our instruction (II Timothy 3:16), and so this scripture applies to all who would obey their Creator. God wishes us to be in health! That is His will.

Why, then, are so many sick today? In a nutshell it is because there are physical *laws* that regulate our bodies. If you break these laws or if they are accidentally broken, it is a transgression of *law* (I John 3:4) — and it automatically exacts a *penalty*. The penalty is pain, sickness — or possibly even *death*.

Through breaking physical laws, Britons and Americans are becoming the most overfed and undernourished peoples in history. A report from the United States Department of Agriculture showed that one American household in every five eats a nutritionally "poor" combination of foods by the department's standards. Only 15 percent were in this category in 1955 when the previous survey was made.

Surprisingly, families in the upperincome groups, as well as in the lowest, were found in the nutritionally "poor" diet category.

The downturn in nutritional value was attributed largely to a national turn away from milk and milk products, fruits and vegetables. While Americans have been eating less of these foods, they have been eating more fried foods, more ready-made baked goods and drinking far more soft drinks.

A similar report from Britain reveals that 48 percent of British families — about twenty-seven million people —

have an average intake of nutrients which is below the level recommended by the British Medical Association.

People NEED Exercise

From Australia, health expert Dr. John Bloomfield reported: "If I picked out any one hundred people in Sydney, I doubt if any could be called fit by European standards." He said that Australians had not worked their bodies for thirty years, when they began coming to the cities to live, and deluded themselves that they were a physically fit nation and tempted heart disease and hardening of the arteries by playing a strenuous sport only once a week.

Back to the U.S., famed nutritionist Jean Mayer said that soft living has left the American male in "absolutely miserable" physical shape. He cited the "shocking" mortality rate from heart disease and laid most of the blame on too little exercise.

In addition to indicting physical inactivity, Mayer says the other leading causes of heart disease are a high-fat diet, too much weight, cigarette smoking, excessive coffee intake and too little sleep.

Based on thirty years' experience in treatment of pulmonary diseases, Dr. Lincoln Stanley, coordinator of the Veterans Administration Central Office, estimates that up to 50 percent of the adult male population of the United States is afflicted by some degree of emphysema.

A recent report stated that, despite an outlay of two billion dollars for research in the past thirty years, the number of Americans who died of cancer rose 23 percent in that time. A record 339,000 Americans died of cancer in 1971. Almost 900,000 Americans were under treatment for cancer in the same year — another all-time high. The National Cancer Institute Director, Dr. Kenneth M. Endicott, said "Seventy to eighty percent of cases of lung cancer could be eliminated if people stopped smoking."

Can we begin to understand that the kind of food we eat, beverages we drink and air we breathe has a GREAT deal to do with our physical health? Can we realize that poor food, bad air, poor sleep and lack of exercise are causing a

tremendous amount of the physical impairment that is affecting most of the English-speaking world today?

The CAUSE of sickness is the *breaking* of physical laws set in motion to govern the operation of our human bodies. These laws are just as real as the law of gravity, and the *penalty* for breaking them is just as sure.

God's Way

God has been interested in the physical health of His people from the beginning. The Old Testament is full of directions and laws concerned with maintaining health. For a full and technical exposition of these laws, read the article "Bible Laws — The Foundation of Good Health" beginning on page 14 of this issue.

An honest and careful study of the New Testament will show that in apostolic times Christianity was a definite WAY OF LIFE (Acts 18:26; 19:23) — including an understanding and practice of basic health principles. The Apostle Paul commanded the Christians at Corinth: "Glorify God in your body" (I Cor. 6:20). He said that we are "bought with a price" — our bodies belong to God. We should therefore glorify God in our physical bodies by using them as He intended, and by obeying the physical laws He has set in motion.

Using the health principles revealed in God's Word as a guide, and utilizing the results of man's observation and research into the subject, we can learn the definite laws which govern our physical health. By really understanding and obeying these laws, we can build the kind of radiant health which will enable us to live the kind of full, active, and joyful lives that God intended.

There is no excuse for feeling and being only *half alive*. The mounting rate of sickness, suffering and death clearly shows that this world has *lost* the way to health — the way to *live*. We need to learn how to really LIVE.

What, then, are the physical *laws* which affect our bodies — our *lives* — so much?

1) Food and Fasting

We are what we eat. The body is formed entirely from the food we eat. Yet the average person has very little



knowledge of what he really ought to eat to build a strong, vigorous body.

Many of the products commonly called foods are of little or no value in sustaining, nourishing or building the body. In fact, it has been proven by tests that they do actual harm to the body. They clog the digestive system, aggravate it and become a real burden for the body to eliminate. In many cases, they act as *poisons* — not foods!

The basic thing to remember in selecting foods is to be sure you eat natural foods which have not been corrupted or perverted in man-made "food" factories, and that you learn to have a balanced diet containing all the elements your body requires to sustain and build health.

Take care that your food is properly prepared so as not to destroy the body-building elements. Avoid the starchy, greasy, sugary, and spiced-up concoctions which may taste good at the moment, but which contain little nutritional value and will, in time, wreck your stomach.

It is beyond the scope of this article to give you specific dietetic instruction, but remember the principle that your foods should be *natural foods* — as the Creator caused them to grow or be formed in nature. These will include

A balanced diet of wholesome natural foods is a must for good health.

Ambassador College Photo

genuine whole grain breads (without poisonous preservatives added) and whole grain cereals, fresh fruits and fresh vegetables — or vegetables cooked at low temperatures so as to preserve their nutritional value, lean meats cooked without grease or fat, and dairy products.

Few people fully realize the detriment caused by such "refined" or "improved" products as white bread, when these are substituted in place of the natural products that were intended as food.

Man's effort to improve upon the creation has FAILED. The more you intelligently study the food question, the more you will realize this. So eat a balanced diet of the natural foods that have not been perverted by the hand of man. And learn to prepare all foods so as not to destroy their nutritional value.

[Editor's Note: For further information about foods, request our free reprints, "Eat Right to Be Healthy," and "Bread — the Broken Staff of Life."]

Under the heading of diet, we should

also consider the health value of water. Drinking water — and plenty of it — is one of the greatest aids to eliminating body poisons and keeping the entire system clean. It is an aid in preventing or overcoming constipation — that source of so many bodily ills. So drink water daily — preferably between meals, but never use it to wash food down. The total intake of all fluids — milk, soup, fruit juices, water — is generally a recommended six to eight glasses daily, or more for those who work in the sun.

Greatly restricting one's diet is known as fasting. An animal, when sick, will frequently refuse to eat. It loses all appetite. Governed by its instincts, it fasts until it is well — a sure cure provided by nature.

But what about humans?

Doctors and dieticians agree that we humans are in the habit of eating far more food than our bodies require. If food is eaten in excess of bodily needs, it is bound to produce a clogging up of the vital processes; for if it is not needed, it is invariably harmful and becomes productive of causes which lead to sickness and disease.

A great number of sicknesses are caused by the presence of poison in the bloodstream. Greatly restricting one's diet enables the body to cleanse itself of the accumulation of the products of an imperfect diet. As food intake is retarded, elimination proceeds rapidly and the body is truly "house-cleaning" itself.

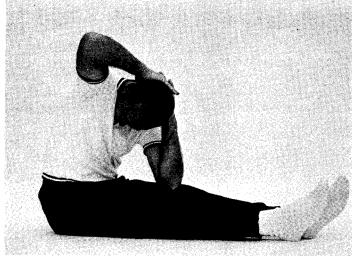
For many, many common sicknesses such as colds, headaches, fevers, and stomach distress, such a procedure is often effective.

2) Cleanliness and Dress

It has been said that "cleanliness is next to Godliness," and, while this saying didn't come directly from the Bible, the principle is certainly correct.

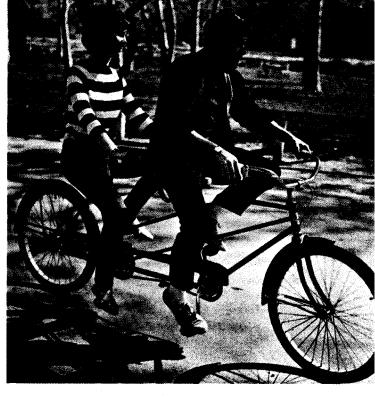
In order to teach ancient Israel the habit of cleanliness, God, through Moses, instituted many regulations commanding the people to bathe or wash their clothes after coming in contact with likely disease carriers. We should certainly keep our *physical* bodies *clean*.

Regular care of the skin, hair, nails, and teeth and freedom from perspiration odor are essential to clean-



Ambassador College Photos

Everyone needs exercise! Calisthenics and bicycle riding are excellent forms of exercise.



liness and contribute to *health*. Waste products are eliminated through the pores of the skin, and regular bathing is always important.

Keeping your person, your clothes, and your living quarters *clean* will not only aid in promoting *vigorous health*, but will tend to keep your thoughts on a higher level of productivity and accomplishment.

Untold physical impairments are caused by the wearing of tight, ill-fitting, or unsuitable clothing. Clothing should afford proper protection from the weather, and should be loose-fitting and comfortable. The wearing of extremely tight girdles or corsets by women often results in the cramping of vital organs, and the weakening of muscles and tissues in the abdominal and pelvic areas — often causing physical distress in later life — and sometimes resulting in the inability to have children normally. It just doesn't pay.

Also, shoes that throw the whole body out of line often cause harm not only to the feet, but to the entire body. Another common fault among women is wearing unnecessarily tight-fitting shoes, which cause bunions, corns and ingrown nails.

3) Sunshine and Fresh Air

Occasionally exposing a portion of the body to the sun's rays is beneficial. The sun's rays which provide the greatest benefit to health are the ultraviolet rays. These rays activate the body's natural sterols to produce the needed calciferol and related coenzymes which aid in the utilization of phosphorus and calcium.

Try to spend as much time out of doors in the open air and sunshine as you can. Remember that there is danger in sunlight if the body is exposed too long before it is conditioned to the sun. So, in acquiring a tan, you should proceed *cautiously*.

At every opportunity, step outside and *take a deep breath* of pure, *fresh* air. After all, breath is the stuff life itself is made of.

Breathe deeply to be healthy.

We breathe to get oxygen into our systems, for without oxygen we would quickly die. Every vital process in the body depends on oxygen for its performance. The more you breathe pure, fresh air, the more pep you will have, the brighter will be your color, the more alert you will be, and the better posture you will have.

Most of us take in enough air to sustain life, but not enough to live it vigorously.

4) Exercise

In this day of push-button gadgets and automobiles, millions of people are only *half* the physical specimens they ought to be — because of a *lack of exercise*.

Notice a crowd of people some time.

Observe the various sizes and shapes — the fat people, the overfed businessmen, and then others who have no more meat on their bones than a scarecrow.

Am I talking about a need for huge, bulging muscles? No, not necessarily at all

But nearly everyone today does need an intelligently planned program of exercise. Exercise stimulates deep breathing and increases blood circulation. It aids in the expelling of poisons from the system, and tends to produce "normalcy" in all bodily functions.

While work leaves one tired and sometimes enervated, proper exercise is of remarkable assistance in building up energy. The body is often *recharged* after systematic calisthenics, and this form of exercise can include all of the muscle groups of the body — whereas regular work or games often neglect many of these, while overtaxing others.

Especially for young people, games and sports naturally afford an enjoyable opportunity to get needed exercise. But these should be supplemented with calisthenics or some form of exercise at home as one grows past that stage in life and tends to neglect physical exercise. Remember that exercise ought to be a regular thing.

Walking and hiking are excellent forms of exercise for people of all ages and occupations. But vigorous young people should supplement even these with some form of activity which



directly utilizes the arms, shoulders, and torso.

and physical education Medical authorities now realize more than ever the importance of running, swimming, cycling, brisk walking and other similar forms of exercise which condition the heart, lungs and blood vessels of the body. Before doing anything violent, it is important, of course, to be sure your heart will take it and be under the guidance of a reputable physical trainer or physician. But most "non-walking" people in our Western world - clear up into their forties and fifties would benefit immeasurably by a controlled program of cycling, swimming or especially jogging in proper balance.

This type of "conditioning" is not something new at all. It has always been the basis — or at least part of the basis — of the training and conditioning program for most sports. Football, basketball, baseball and track coaches have always had their players "take their laps." Boxers have always done their "roadwork." Swimmers also "take their laps."

It has now been scientifically and medically demonstrated that this type of training increases the efficiency of the heart, the lungs and the number and size of the blood vessels that carry the blood to the body tissues, saturating the tissue throughout the body with energy-producing oxygen.

The training effect from this type of exercise will tend to relax the individual, help banish many of his tensions and emotional traumas. It will enable him to tolerate the stress of daily living better. It will even help him sleep better, and get more work done, with less

fatigue. And it will definitely help prevent heart disease.

Few of us in this degenerate age are inclined to get too much exercise. Yet we do *need* a proper amount to build the kind of abundant, radiant health we should all enjoy.

Building a strong, supple, graceful body does require effort. But it is *eminently worthwhile* — especially in this day when we are inclined to let machines do everything while our own bodies stagnate.

5) Sleep and Rest

Many people, especially students, are inclined to delude themselves with the idea they can drive themselves on in work or play, then "catch up on sleep" later on — and be none the worse for it. Nothing will take the place of regular sleep and rest in its recuperative effects on the human body.

Man can go much longer without food than he can without sleep. Sleep becomes unbelievably necessary after long periods of sleeplessness.

Sufficient, regular sleep for most adults ranges from seven to nine hours each night. This is definitely *not* wasted time. It will enable one to be *fully alive* during his work and play, and to live a longer and fuller life in the end.

However, too much sleep is not a benefit. Rather, it is depressing and causes sluggishness and a state of lethargy. We are warned in Proverbs against oversleeping and laziness (Prov. 24:33, 34).

In addition to regular sleep, many physical education and health authorities recommend one or more short periods of rest throughout the day



Ambassador College Photos

A balanced program of jogging is one good form of maintaining physical fitness. Walking is always an excellent conditioner. (RIGHT) Comparing casts. Avoiding bodily injury is a vital key to good health.

to recharge our worn nerve batteries.

When the Creator said, "Six days shalt thou labor and do all thy work," He was giving a law of health — as well as a spiritual principle — which will never grow old. Both physically and mentally, we need to rest every seventh day — and so God gave the Sabbath rest as a great blessing.

Thousands of years ago, God knew and enunciated what many men still haven't found out — that in depriving yourself of sufficient sleep and rest, you will accomplish not more, but less in the end.

6) Avoid Bodily Injury

Over 11 million Americans were victims of accidental injuries in 1968. That is about one out of every 18 people.

Think of the billions of dollars lost in doctor and hospital bills, and of the countless work hours which were forfeited.

This is entirely unnecessary!

We have become a nation of reckless, careless people who *defile* and *destroy* our bodies not only with perverted foods, drinks, cigarettes and the like — but by carelessly *injuring* them.



There is abundant information available regarding the prevention of accidents. The main thing is that you realize how seriously you should take this problem — and resolve to quit taking physical risks in your work or play. One such careless moment can easily undo and wreck the physical wellbeing you may have nourished for years. Carelessness just doesn't pay.

7) Build a POSITIVE Mental Attitude

One of the least-understood factors governing health is the profound effect that the mind has on the body. It is becoming increasingly recognized that a large part of the common ailments of mankind are caused — not so much by the body — as by the mind. Ulcers, indigestion, headaches, eyestrain, nervousness, and a host of other ailments are often found to be caused by the mind — not the body.

Some medical authorities now believe that over 50 percent of all those seeking medical aid are sick or disturbed because of mental problems. And the startling fact is that emotionally induced illness becomes more prevalent as one goes up the ladder of human responsibility, mental alertness and capacity. Perhaps an alert mind can think of more to be worried about than an ordinary mind can!

TOMORROW'S WORLD

Strife, fear, tension and anxiety all take a terrible toll in the physical impairments which they either directly cause or aggravate in our bodies.

Haven't you known families who engaged in a "free-for-all battle" during every meal? Perhaps they were ignorant of the fact that fighting, nagging, and quarreling at the table is almost certain to cause nervous indigestion and other ailments.

Few people today have the sense of contentment and genuine peace of mind upon which good health is predicated. And physical nourishment, exercise and care are not enough. For, as the writer of Proverbs stated: "Better is a dinner of herbs where LOVE is, than a stalled hatred therewith" 15:17).

But the strife, tension, resentments and bitterness which our present competitive society fosters create the exact opposite conditions in the body and nervous system than those which would guarantee good health and mental well-

Hundreds of years before modern psychiatry "discovered" that carnal emotions help cause many of our bodily ills, the Bible condemned these emotions and provided a cure for them: "The activities of the lower nature are obvious. Here is a list: sexual immorality . . . hatred, quarreling, jealousy, bad temper, rivalry, factions, party-spirit, envy, drunkenness, orgies and things like that...." Then: "Those who belong to Christ Jesus have crucified the flesh with its emotions and passions" (Galatians 5:19-24).

Someday soon, this world will again take literally the teachings of Jesus Christ. Then all people will be happy - for they will live by the laws of LOVE outlined in the Bible. They will base their lives on the Ten Commandments and will learn bow to love God, their Creator and how to love and serve their fellowman. They will quit fighting, warring, competing and hating. They will learn, instead, to give and to SERVE.

Every person has to continually work at building positive mental habits. As Jesus said, we are to take no anxious thought for the morrow, but put FAITH in God as our Creator and our Father.

Do your best to overcome thoughts of hate, strife, and worry. Then, asking God for help, cultivate thoughts of love, faith and joy. For the One who made our minds and emotions inspired Solomon to write, "A merry heart doeth good like a medicine: but a broken spirit drieth the bones" (Proverbs 17:22).

Action

You now know the seven basic laws of radiant health. Here they are summarized: (1) Be sure you have a balanced diet of natural foods. Learn the value of drinking plenty of water, of fasting and of avoiding constipation. (2) Remember that cleanliness is vital to good health, and that suitable clothing is also necessary. (3) Derive the maximum benefit from sunshine and fresh air. (4) Plan a program of regular, sufficient exercise. And stick to it! (5) Let your body recuperate from work and play through proper sleep and rest. (6) Take care of the healthy body you are building. Don't wreck your other efforts through carelessness. Avoid bodily injury. (7) Quit worrying, arguing, bickering. Maintain a tranquil mind a positive attitude.

Remember these basic health laws. Study them in detail, and, most of all, practice them!

You must put them to work and LIVE by these laws! It will take some effort, but the reward of a strong, graceful, vigorously healthful body will more than repay your efforts.

Of course, if you have already broken these laws most of your life, you will not attain as great benefits as if you had started early. And in all honesty, we must realize one factor that we have nothing to do with - our heredity, and the fact that some of us have inherited certain weaknesses which may never be fully overcome.

But nearly any physical condition can be greatly improved if the right steps are taken.

So put your shoulder to the wheel!

The renewed zest, enthusiasm and sense of well-being will more than repay your efforts in making the laws of radiant health a veritable way of life.

It is God's will. You are commanded: "Glorify God in your body" (I Corinthians 6:20).

Bible Laws— The Foundation Of Good Health

Your health is a matter of CAUSE and EFFECT! There are REASONS for sickness and there are LAWS which will promote better health. The MAKER'S INSTRUCTION BOOK reveals those laws of good health. You need to understand and apply them!

by William F. Dankenbring

OD GAVE to the ancient Israelites
basic laws of health which — if
obeyed — would quickly prevent or stamp out the terrible incidence
of disease afflicting our modern world.

Does that sound shocking?

Biblical health laws reveal in plain language the way to AVOID much illness and disease. They reveal how to prevent contagious diseases and widespread epidemics. They show how to avoid a host of modern maladies. In this article we will give you the documentation — the proof.

Strictly speaking, of course, the Bible is not a "health textbook" or medical manual. But it does lay the FOUNDATION of knowledge, and reveals many health laws which stumbling, groping mankind has required thousands of years to discover — yet all this time these laws have been written in the pages of that Book which is so often ignored or lost in a seldom-perused corner of the family bookshelf.

The Bible is God's Instruction Book for mankind. It tells how the human body and mind best function. It reveals the basic keys to the abundant, radiant, robust and vigorous healthy life.

Why has mankind generally ignored this source of health information?

Why did so many physicians overlook and ignore it for countless centuries, consequently having to learn the *hard way* about preventing sickness and disease?

Let's take a brief look at some of the major discoveries of medical science regarding health, and see what the Bible says about them.

The Black Death

During the 14th century bubonic plague struck Asia and spread to Russia, Persia, Turkey, North Africa and Europe. Perhaps one third of the European population died in those tragic years.

Relentlessly, the plague invaded every city, hamlet or village. Millions lost their lives to the "grim reaper." Panic and confusion were rampant. Death was everywhere. The toll was so great that bodies were thrown into huge pits, mass graves.

What led to the incredible spread of the "black death"? Modern science now knows that unclean streets, poor sanitation, and filth were great contributors. In the 14th century, cities in Europe were filthy, laden with garbage. Refuse was simply thrown in the gutter in London and Paris.

The Jewish physician Balavignus lived in those times and saw that miserable sanitation was a major factor in the spread of the disease. He instituted a cleanup movement among the Jews. The rats, consequently, left the Jewish ghettos and moved into the "Gentile" sectors of the city. As a result, the Jews' mortality rate from the plague was only five percent of what it was among their non-Jewish neighbors!

The general population soon saw the difference, but instead of emulating the Jewish hygienic measures, the people began to suspect the Jews of causing the plague and poisoning wells — and a general massacre was launched. Balavignus himself, persecuted and tortured, was finally compelled to "confess" that he and others were responsible for the disease.

How was the black death finally conquered? Declared David Riesman,

professor of the History of Medicine at the University of Pennsylvania: "Isolation of the sick and quarantine came into use. These practices not only eliminated the plague as a pandemic menace for the first time in history but also led to general laws against infectious diseases, thereby laying the foundations upon which modern hygiene rests" (Medicine in the Middle Ages, p. 260).

Laws of Quarantine

Another plague which prevailed in the thirteenth and fourteenth centuries in Europe was leprosy. England, Sweden, Iceland and Norway showed alarming gains in the numbers of leprosy cases in the fifteenth and sixteenth centuries. But when the authorities began to institute the quarantine, in the form of segregation of leprosy cases, the plague was again brought under control.

In Norway rigid national quarantine was introduced in 1856 because of the widespread severity of leprosy. "Ninety years later the health authorities were able to report that Norway had only five percent of the number of lepers that were there before segregation. Similarly favorable reports come to us from Finland and Sweden, where enforced segregation of lepers had also been instituted," writes D. T. Atkinson (Magic, Myth and Medicine, p. 64).

Where did these quarantine laws come from?

This same author tells us, "It is most singular that a description of leprosy, as found in the thirteenth chapter of Leviticus, could have been written so long before our time. It is to be noticed that such an accurate description of this dread malady as it appears in the Biblical narrative is not to be found in the literature of ANY NATION for the next seventeen hundred years" (ibid., p. 25-26).

Astounding? Why should it be, since the Bible was divinely inspired by the God who created mankind?

Speaking of the Biblical laws regarding leprosy, Atkinson states: "The laws of health laid down in Leviticus are the BASIS OF MODERN SANITARY SCIENCE. Moses ordered that cases of leprosy should be segregated, that dwellings

from which infected Jews had gone should be inspected before again being occupied, and that persons recovering from contagious disease were not to be allowed to go abroad until examined. The modern quarantine harks back to these sanitary regulations of the Old Testament" (p. 58).

Similarly, Arturo Castiglioni in A History of Medicine tells us, "The laws against leprosy in Leviticus 13 may be regarded as the first model of a sanitary legislation" (p. 71).

Sanitation and Hygiene

The Old Testament contains many injunctions which relate to health. If the world would have obeyed them, its disease toll would have been drastically cut.

Until the close of the 17th century, hygienic conditions in cities were generally deplorable. Excrement and filth were often dumped into the streets. Flies, breeding in the filth, spread and carried disease to millions.

However, the principle of burying excrement and filth was given by the Scriptures over 1400 years before Christ. God told Moses and the children of Israel: "Thou shalt have a place also without the camp, whither thou shalt go forth abroad: and thou shalt have a paddle upon thy weapon; and it shall be, when thou wilt ease thyself abroad, thou shalt dig therewith, and shalt turn back and cover that which cometh from thee" (Deut. 23:12-13).

Says medical historian Arturo Castiglioni, "The regulations in Deuteronomy as to how soldiers should prevent the danger of infection coming from their excrement by covering it with earth constitute a most important document of sanitary legislation" (A History of Medicine, p. 70).

Castiglioni declared, "Study of Biblical texts appears to have demonstrated that the ancient Semitic peoples, in agreement with the *most modern tenets* of epidemiology, attributed more importance to animal transmitters of disease, like the rat and the fly, than to the contagious individual" (*ibid.*, p. 71).

Three thousand years later, when the bubonic plague devastated Europe, this knowledge had generally been lost. Some blamed noxious fumes in the air;

others attributed it to the stars; some thought it was caused by a conjunction of Mars, Jupiter and Saturn; yet others blamed the Jews, and many blamed

Generally, the world did not wake up to the importance of hygiene and cleanliness until about the end of the 18th century. Yet vital principles of sanitation and cleanliness were expounded by God to Moses almost 3,500 years ago!

The Biblical laws of cleanliness, washings, and purification were not all merely customs or rituals. They protected the camp of Israel from the dangers of contagious diseases and deadly plagues!

States Dr. D. T. Atkinson, "In the Bible greater stress was placed upon PREVENTION of disease than was given to the treatment of bodily ailments, and in this no race of people, before or since, has left us such a WEALTH OF LAWS RELATIVE TO HYGIENE AND SANI-TATION as the Hebrews. These important laws, coming down through the ages, are still used to a marked degree in every country in the world sufficiently enlightened to observe them. One has but to read the book of Leviticus carefully and thoughtfully to conclude that the admonitions of Moses contained therein are, in fact, the GROUNDWORK of most of today's sanitary laws. As one closes the book, he must, regardless of his spiritual leanings, feel that the wisdom therein expressed regarding the rules to protect health are SUPERIOR to any which then existed in the world and that to this day they have been little improved upon" (Magic, Myth and Medicine, Atkinson, p. 20).

Unfortunately, even in our modern world people are beginning to lose sight of the vital importance of sanitation and hygiene in combating and preventing illness and contagion. Our modern cities are becoming increasingly congested, polluted, filthy and dirty. Garbage strikes pose serious health problems. Our air is becoming unfit to breathe because of pollution; and our water is becoming increasingly contaminated with industrial chemicals, urban wastes, and a host of modern

pollutants unheard of even twenty years

Could the continuing decrease of sanitation, and the growing VIOLATION of Biblical hygienic and health principles, be contributing factors in the escalating incidence in modern degenerative and contagious diseases around the world?

Think about it.

The Bible and Heart Disease

At first one might think it strange that the Bible would have something to say about cardiovascular disease or arteriosclerosis — but it does!

In 1970 heart disease claimed 750,000 victims in the United States—it is far and away the number-one killer. Similar statistics could be cited for England, Australia, New Zealand, and other nations.

Modern researchers have pinpointed several contributing causes of heart disease including improper diet, overweight, smoking, lack of exercise and nervous stress. What does the Bible have to say about heart disease? Much more than you probably imagine!

First, the Bible clearly recommends a balanced life — "moderation" in all things (see Phil. 4:5). It condemns gluttony and overeating (Prov. 23:20-21). Secondly, many Biblical principles condemn smoking and cigarettes as a lust of the flesh which defiles the body. (Write for our FREE booklet You Can Quit Smoking and our FREE reprint "Should a Christian Smoke?")

Thirdly, the Bible tells us we should exercise regularly and moderately throughout our lives. I Timothy 4:8, correctly translated, shows that bodily exercise *profits* "for a little while" — that is, in this life. Fourthly, the Bible admonishes us to avoid nervous stress, anxieties, and worries which can trigger heart attacks. Many scriptures could be cited to prove this. (See, for example, Proverbs 15:13; 17:22; Psalms 119:165; Matthew 11:28-30; John 14:27; Philippians 4:7.)

Perhaps the most interesting point of all, however, is the fact that medical science has proved there is a correlation between heart disease and cholesterol in the bloodstream. Cholesterol, a fatty, waxy material which your body needs in limited amounts, is a curse to health when it clogs vital arteries. Diets high in cholesterol may cause the blood to be burdened; excessive amounts collect on the inside of the coronary arteries. Fatal coronary heart disease has been related to diets containing high levels of cholesterol and fat, though other factors are also involved.

But what does this have to do with the Bible? Simply this: Dr. Paul Dudley White, the heart specialist who treated President Eisenhower while he was in the White House, once quoted Leviticus 7:23, "Ye shall eat no manner of fat, of ox, or of sheep, or of goat." Animal fats are high in cholesterol. Therefore, Dr. Paul Dudley White asserted, "It is conceivable that a few years from now we medical men may repeat to the citizens of the United States of America the advice that Moses was asked by God to present to the children of Israel 3,000 years ago."

How could Moses have known? But, of course — it wasn't *Moses*' words but *GOD'S* instructions which the Bible records! Here is further evidence that the Biblical health laws "scooped" modern medical science by 3,400 years!

Bible Dietary Laws

Proper diet is also important in the prevention of disease.

In Leviticus 11 we read of important dietary laws which God gave His people. Among other things, He forbade them to eat the flesh of pigs or swine, rabbits, or shellfish (Lev. 11:6, 7, 9-12). Were these laws merely ceremonial, ritualistic, and therefore, abolished today?

Not at all! Writes Dr. Louis Lasagna, "Many of these make good medical sense... The prohibition of hare and swine as sources of food certainly must have diminished the incidence of disease, in view of the capacity of these animals to transmit tularemia and trichinosis, respectively. The transmission of gastrointestinal infections (including typhoid fever) via polluted shellfish or water also testifies to the apparent wisdom of the Hebrews in warning against such sea food and impure water" (The Doctors' Dilemmas, p. 85).

If you would like more information on this subject, write for our FREE article "Is All Animal Flesh Good Food?" It will explore the meaning of these vital dietary laws to our present generation. Suffice it to say, however, that Dr. Lasagna's comments on the ancient dietary laws of the Hebrews show that those were indeed wise and good laws!

The Bible Versus Venereal Disease

The fastest spreading contagious disease in the Western world today is venereal disease. In the United States, someone contracts venereal disease every 12 seconds! Dr. Geoffrey Simmons of the Los Angeles County Health Department predicts that by 1975 the present two million annual cases of V.D. in the United States will rise to five million. But why? What is the cause?

Medical authorities frankly admit that V.D. is spread through sexual contact. Homosexuals account for nearly one fifth of the reported cases! As long as there is promiscuity, free sex, and homosexuality, there is bound to be venereal disease.

But the solution to this terrible worldwide curse is as simple as it is ancient: "Shun immorality! Any other sin that a man commits is outside the body, but the immoral man sins against his own body" (I Cor. 6:18, Moffatt translation).

What does the Bible say will happen to those who devote themselves to sexual vice, who dishonour their own bodies? God says: "...their women have exchanged the natural function of sex for what is unnatural, and in the same way the males have abandoned the natural use of women and flamed out in lust for one another, men perpetrating shameless acts with their own sex and getting in their own persons the due recompense of their perversity" (Rom. 1:26-27, Moffatt).

The growing incidence of this ancient plague speaks eloquently that the solution is PREVENTION! Thousands of years ago the Biblical standards of morality safeguarded against this plague which blights the lives of as yet unborn generations. There is no safe, reliable "cure" for this disease — except prevention. Why do millions insist on hiding their eyes from this obvious truth?

When God created mankind, He

said, "Therefore shall a man leave his father and his mother, and shall cleave to his wife: and they shall be one flesh" (Gen. 2:24). If this one basic, scriptural principle were obeyed, today, the world would see the END of venereal disease. It would be totally stamped out!

The Bible, clearly, is a remarkable book. Its various portions, written from 4,000 to 2,000 years ago, speak authoritatively regarding health and disease prevention. The Bible not only gave LAWS of sanitation and hygiene thousands of years before the world in general stumbled across those laws by "accident," but it also gave other fundamental principles of prevention of disease which the world STILL refuses to face!

The Solution to Mental Illness

There are an estimated 20 million Americans who are *mentally* ill — suffering various forms of neuroses, psychoses, and emotional mental problems.

The National Association for Mental Health admits, "We know very little about the causes of mental illness, and until we know much more, we cannot identify any sure way to prevent mental illness."

Wrote Dr. Sarnoff A. Mednick in *Psychology Today*, "We have been working on the problem of schizophrenia, however, for more than 100 years, and at this point it is fair — in fact necessary — to say that we know *very little* definite about the origins of this disease. *Zero*" (Mednick, "Birth Defects and Schizophrenia," *Psychology Today*, April, 1971).

When medical authorities admit they don't know the causes of mental illness, or how to prevent it, perhaps we should look to another source — another Authority — for counsel and advice. What about the Bible?

Does the Bible say anything about mental and emotional illness? In view of the amazing statements in the Bible pertaining to other modern afflictions, it would be surprising if the Bible didn't say anything about mental illness.

God warned 3,400 years ago that if men insisted upon breaking His laws and commandments, and living their own ways, the result would be disastrous. God said if we broke His laws we would be smitten with mental illness— "The Eternal will strike your minds with MADNESS, blindness, and dismay, till you grope at noon like a blind man in the dark, and fall into disaster" (Deut. 28:28-29, Moffatt).

The original Hebrew word for "madness" in this verse is *shiggaown* and refers to insanity. Fully 25 percent of our hospital beds today are occupied by victims of schizophrenia!

What is the solution to the plague of mental illness devastating millions of lives today? If our modern nations would OBEY God's laws, God would remove these curses which we have brought upon ourselves (Deut. 28:58-62; Lev. 26:40-46).

Obedience to the laws of God is the KEY to mental health. "Great peace have they which *love thy law,*" David wrote in the Psalms (Ps. 119:165). God's Law is the way to a long life, happiness and peace (Prov. 3:1-2).

God's Law, summarized, is the law of LOVE — outgoing concern for others (Matt. 22:36-40). Love is the fulfilling of God's Law (I John 5:3; Rom. 13:10). Perfect, mature love casts out fear, worry, anxiety, depression, and the negative emotions which can wreck mental health. "There is no fear in love; but perfect love casts out fear: because fear hath torment. He that feareth is not made perfect in love" (I John 4:18). This kind of love is outgoing concern for the welfare of other people, as opposed to self-centered, selfish concern for one's own self. It is the attitude of GIVING service to others, helpfulness. Jesus said it is more blessed to give than to receive (Acts 20:35).

This kind of love is the essential key to mental health and emotional wellbeing. It conquers the negative emotions of jealousy, envy, fear, hatred, vanity, worry, anxiety, inferiority, etc.

If a person has true love for others, he will radiate cheerfulness and joy. Cheerfulness and joy are tremendous antidotes for mental illness. Modern clinical evidence supports the statement of Solomon who declared, "A merry heart doeth good like a medicine" (Prov. 17:22). Also see Proverbs 12:25 and 15:13.

The Great Paradox

Paradoxically, the world has come to acknowledge many of the health principles outlined in the Bible, but still refuses to acknowledge the Source.

When will men cease to overlook the Source Book for good health?

God's laws were designed to PRE-VENT illness — to MAINTAIN vibrant good health. But the world only gives lip service to them and ignores their source. What a paradox!

It is time we admitted that thousands of years ago when pagan, Gentile nations — steeped in idolatry and superstition — were propounding all kinds of weird remedies and quack cures for illness, there was a nation free from idolatrous superstition, which was taught principles of health and disease prevention which are still valid today!

What does this momentous fact mean? Just this: The Bible is no mere book of men — its authorship is divine! Biblical health laws prove — along with the proofs of Biblical prophecy — that the Bible was DIVINELY inspired by the Eternal God!

There is a Creator God. He "manufactured" the human race. And He wrote an "Instruction Book" that goes along with His product, and tells how it is best operated. Just as any automobile manufacturer sends an instruction book along with each new automobile, so God gave us an Instruction Book—the Bible—which tells us HOW TO LIVE, and how to have robust, radiant health and vitality!

The Bible is the foundation of all knowledge, including the knowledge of health. If society will build on its fundamental precepts wisely and soundly, we can avoid the tragedy of increasing sickness and disease. We can begin to eliminate the terrible scourges of modern disease.

Biblical laws are the KEYS to abundant health. They were devised for YOUR protection and well-being. But if you break them, they will break you.

Will you begin to OBEY those laws?

Your future *health* — physically, mentally and emotionally — will depend in large measure on how you answer that question!

How you can understand PROPHECY and Prophetic Terminology

The major events that will make TOMORROW'S NEWS HEADLINES are already pre-recorded in your Bible. Yet so few seem to understand these vital prophetic passages. To millions, that third of the Bible that is prophecy is a SEALED BOOK. Yet, never has it been more necessary to understand prophecy. This timely article will give you some KEYS that will help you unlock prophetic meanings.

by Brian Knowles

Most professing Christians the writings of men like Daniel, Zechariah, Joel and John (in Revelation) are shrouded in mysterious symbolism and meaningless metaphor.

So complete is this blindness that some "higher critics" have even dared to propose that such prophetic writings are merely the rantings of drug-driven hallucinators of antiquity!

Prophetic Blindness Prophesied

God knew it would be this way! Notice how vividly and accurately He describes this spiritual blindness in Isaiah 29:10-12 (The Living Bible version): "For the Lord has poured out upon you a spirit of deep sleep. He has closed the eyes of your prophets and seers, so that all these future events are a sealed book to them. When you give it to one who can read, he says, I can't read, for it's sealed. When you give it to another, he says, Sorry, I can't read."

That is, many of the learned theolo-

gians will claim that prophetic books are permanently "sealed" to understanding.

Others who are lay people will claim ignorance due to a lack of such "education."

God simply *has not given* the understanding of prophecy to everyone!

But Peter said, "WE have also a more sure word of prophecy; whereunto YE do well that YE take heed as unto a light that shines in a dark place" (II Peter 1:19).

It is only those who have been enlightened by God's Holy Spirit who can truly grasp prophetic meanings. The Holy Spirit must *lead us* into all truth (John 16:13). This includes that portion of God's Word that is *prophecy!* (John 17:17.)

Those who do not yield to God and submit to His way cannot hope to understand. Only those who have been enlightened by God's Spirit — made "wise" — can hope to grasp and

comprehend prophetic meanings.

Daniel wrote a great deal about future events. Yet he did not really understand just how his own prophecies would work out! "I heard this, but I did not understand it. So I asked, 'O my lord, what is to be the last phase before the end?' But he said, 'Ask no more, Daniel, for the revelation is to be kept secret and close, TILL THE CRISIS AT THE CLOSE'" (Daniel 12:8-9, Moffatt).

He was speaking of the close of man's age — the time of the end! Then he said, "... the WISE SHALL UNDERSTAND" (verse 10, KJV).

In the opening verse of the book of Revelation we find these words: "The Revelation [not concealing — but revealing] of Jesus Christ, which God gave unto him, TO SHEW [not 'hide from'] HIS SERVANTS [not the whole world] things which must shortly [with speed — i.e., Matt. 24:34] come to pass."

TOMORROW'S WORLD

Prophetic meanings were not permanently sealed, rather they were to be revealed, but only to God's true servants—and that not until the end time!

You are living in that end time now! About 90% of that prophetic third of the Bible is now well into the beginning stages of fulfillment! You need to understand!

Bible prophecy need not continue to confuse and befuddle you. There are keys to understanding. This article will explain some of the most important and basic ones.

Prophetic Time Lapses

One of the most crucial considerations when studying prophecy must be the time factor. This has been a major stumbling block to many students of prophecy. Even learned commentators have failed to grasp the principle of prophetic time lapses. This is especially true in Isaiah, Daniel and Revelation.

An excellent example of such a time lapse may be found in Isaiah 61:1-3. In the first three verses we find a short prophecy concerning Christ and His commission. (Actually the complete prophecy continues to the end of the chapter, but the first three verses will suffice to illustrate the point.) Jesus Himself quoted this section from Isaiah when He had occasion to read in the synagogue in Nazareth.

Notice it in Luke 4:16-20: "And he came to Nazareth where he had been brought up: and as his custom was, he went into the synagogue on the Sabbath day, and stood up for to read. And there was delivered unto him the book of the prophet Esaias [Greek for Isaiah]. And when he had opened the book he found the place where it was written, The spirit of the Lord is upon me because he hath anointed me to preach the gospel to the poor: he hath sent me to heal the brokenhearted, to preach deliverance to the captives and the recovering of sight to the blind, to set at liberty them that are bruised, to preach the acceptable year of the Lord. AND HE CLOSED THE BOOK. . . . "

Notice! Jesus did not finish quoting the rest of Isaiah 61:2! But why not?

Simply because the first part of that prophecy concerned Christ's earthly

ministry from 27-31 A.D. only! But the rest of the verse did not apply to the time of His first coming.

The remainder of the prophecy—starting in mid-verse—applies to Christ's second coming—the time known as "the day of the Lord"—or as Isaiah expressed it "AND the DAY OF VENGEANCE of our God..."

In other words, we see in *one verse* of Bible prophecy a prophetic *time lapse* of almost 2000 years between the fulfillment of the first and second parts of that one verse.

This principle is not uncommon in Isaiah's writing and in other prophetic books of the Bible.

The longest single prophecy in the Bible (found in Daniel 11) covers a time period from the Medo-Persian Empire to the *return* of Christ in a mere 45 verses.

In Revelation 12 we find a brief biography of Satan the devil from his initial rebellion many millennia in the past to the years and months just ahead in human events! And all in 17 short verses!

Therefore, we see that it is very important when studying prophetic passages to get God's guidance in understanding the *time element* involved.

Prophetic Symbolism

But understanding the time factor alone is not enough. We must add to this a knowledge of God's use of symbolism. To grasp prophetic meanings God often uses symbols, analogies, metaphors and allegories in describing future events. It is critical to understand when such devices are being used and when a word is to be taken literally! Many have gone astray because they have failed to grasp the symbolic meaning of a word as opposed to a literal application.

Bible Self-interpreting

As a case in point, notice Revelation 1:20: "The mystery of the seven stars which thou sawest in my right hand, and the seven golden candlesticks. The seven stars are the angels of the seven churches: and the seven candlesticks which thou sawest are the seven churches."

Here we find stars being used as a

symbol for *angels*. In fact, the name *Lucifer* (the great cherub who became known as "Satan" after his rebellion) means "Shining One" or "Morning *Star*" (Isaiah 14:12).

Thus we find a *principle* of prophetic understanding. When a word is obviously used as a symbol, we must look elsewhere in the Bible for the interpretation or meaning of that symbol.

The symbol for an angel is often a "star."

Other Common Symbols

God uses many symbols when describing prophetic events. In Revelation 17 we find two mysterious symbols used in portraying events which are not too far in the future. In verse 1 we read, "...I will shew unto you the judgment of the great whore that sitteth upon many waters."

Here we must know the meaning of "many waters" and just who this "whore" is if we are to understand the prophecy. Verse 18 of the same chapter gives us the answer in part. "And the woman [whore] which thou sawest is THAT GREAT CITY, which reigneth over the kings of the earth." Therefore, we understand that the woman, or whore, as GOD calls her, represents a citycentered entity which has influence over kings — that, in fact, has ruled and will rule over other rulers!

Verse 15 tells us what the "waters" represent. "... The waters which thou sawest, where the whore sitteth, are PEOPLES, and multitudes, and NATIONS, and tongues."

But to really understand the symbolism of the "woman" in this chapter, we need additional information. We find that throughout the Bible the woman often is used to signify a CHURCH. The congregation of Israel was called the "church in the wilderness" according to Acts 7:38. And in describing how God brought Israel out of Egypt and made them a great nation the Bible uses the analogy of a female baby growing up to womanhood in Ezekiel 16. Notice the phraseology.

"... Thus saith the Lord God unto Jerusalem [representative of the whole nation of Israel]... thou didst trust in thine own beauty, and played the harlot... and madest to thyself images of

men, and didst commit whoredom with them...thou hast taken thy sons and daughters, whom thou hast borne unto me....How weak is thine heart... seeing that thou doest...the work of an imperious whorish woman" (Ezek. 16:3, 15, 17, 20, 30). Therefore, we see the "church in the wilderness" — Israel — was represented by a woman who became an adulterous wife to God.

In the New Testament the true and false churches are also represented as women. In Ephesians 5:22-32 Paul draws a parallel between the husbandwife relationship and Christ's relationship to the Church. Revelation 19 speaks of the "marriage of the Lamb" and the Church is represented as the bride of Christ. The true Church is called "Jerusalem which is above... which is the mother of us all" in Galations 4:26.

The principle is consistent. Bible symbolism often depicts a church as a woman.

Getting back to Revelation 17, we can see, then, that the great "whore" which rules over nations and kingdoms must be a false *church!* It is called a "mother" in verse 5 and a "woman" in verse 6.

When we understand the symbolism, then we can see that Revelation 17 is talking about a *religious* system, based in a great *city*, which exercises influence over human kingdoms and *nations* which speak various languages!

Verse 9 of the same chapter tells us the "woman" or church being referred to sits on seven hills or *mountains*. This may have a *literal* application and it may have a symbolic one.

The Symbolic "Mountain"

This brings us to another symbol often used in Bible prophecy. That of the "mountain." This term is often used to represent a kingdom or government.

Jeremiah 51:24-25 provides a good illustration of this principle. Notice verse 24: "And I will render unto Babylon and to all the inhabitants of Chaldea all their evil that they have done in Zion in your sight, saith the Lord. Behold I am against thee, O DESTROYING MOUNTAIN, saith the Lord, which destroyest all the earth."

Here we find the term "mountain"

used to describe the Babylonian kingdom.

Again in Daniel 2 we find the same symbol used. Notice verse 35, last part: "... And the stone that smote the image became a great mountain, and filled the whole earth."

Now, if we try to understand this literally, it makes little sense! Normally, a literal mountain comes to a peak of some kind. Can you picture such an entity "filling" a round earth? Obviously, the term "mountain" is used symbolically here. Daniel has just been recounting to Nebuchadnezzar the dream he has had. The éntire dream was based on symbols. Go back and read verses 31-35 to get the whole picture.

Then God explains the terminology used in the preceding verses in verses 36-45. Note especially verse 44, which explains what the "mountain" that fills the whole earth is: "And in the days of these kings shall the God of heaven set up a kingdom, which shall never be destroyed: and the kingdom shall not be left to other people, but it shall break in pieces and consume all these kingdoms, and it shall stand forever."

Now the meaning comes clear! God was showing the world's kingdoms by means of the image. The various parts of the image represent various worldruling kingdoms, namely the Baby-Ionian (which Nebuchadnezzar ruled over), the Medo-Persian (which followed it), the Greek and finally the Roman. Then the "stone" which grew into a "mountain" destroys the last of these kingdoms, which is the final "resurrection," or revival, of the end-time Roman Empire. Christ will return and set up His Kingdom, which will be a WORLD-RULING Kingdom that will endure forever! That is what is pictured by the "mountain" that fills the whole earth.

Other Strange Symbols

In Revelation 9 we find still more mysterious symbolism. In verse 1 we again find the star symbol used for an angel. Here the "star" is personified and performs a certain duty for God. "... And I saw a star fall from heaven... and to him was given the key of the bottomless pit."

Of course, there is no such thing as a

"bottomless pit." This is an unfortunate translation. It should more correctly be rendered "the abyssal shaft," or "abyss," as other translators have done.

The next verses give a picture of billowing smoke emitting from the mouth of this abyss and darkening the sun. From the smoke emerge some very unusual locusts! Verses 3-10 give a full description of these bizarre creatures. They are described as having "tails like unto scorpions," a sting like a scorpion, being armor-plated and having a roar like the sound of pounding battle horses! We are told that these nightmarish "locusts" are able to fly!

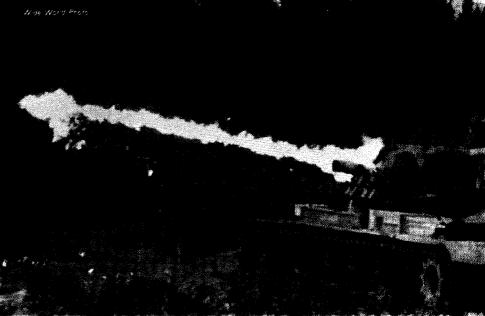
It should be apparent that John is not describing literal locusts! Whatever he is describing seems to be controlled by men (verse 7). Interestingly enough, these locusts (or the men) have long hair as women (verse 8). Is it a coincidence that this hairstyle is coming back into vogue for men in the Western world?

It becomes apparent that what John is seeing is modern military weaponry at its hideous worst! Today's frightening array of weaponry would give pause to the bravest man of our time, much more of John's time! And how else could the apostle describe it? There were no jet planes or rocket-launching helicopters in his day! The heart-stopping roar of hundreds of jet fighters and bombers was unknown at that time! To see men at the controls of such instruments of destruction would have been a shattering experience for any first-century exfisherman! Who in John's time could have envisioned laser beams and flamethrowing tanks? Could any have foreseen the advent of giant Polaris missiles being emitted from the bowels of a nuclear-powered, undersea monster called a "submarine"? And what about the weapons John saw that we don't know of yet? Perhaps even more terrifying weapons are on the drawing boards!

Even if God had inspired John to write in modern military shoptalk, who would have understood any of it before the latter part of this modern age of space travel? John *had* to use the language of his day. Thus, the symbolism of great flying locusts.

In verse 11 we find the motivating







Above: Wide World Photo Right: U. S. Air Force





Above: Photo Researchers

The horrifying weaponry of modern warfare! The Apostle John, seeing such machinery of death in vision some 2000 years ago, could only liken it to destructive and harmful insects of his day. He used the symbolism of scorpions and locusts to describe end-time armies and their weaponry. Note (on the next page) the appropriate name of the helicopter — except it should be spelled with a little "g"!



force behind this great military power described. "And they had a king over them, which is the angel of the bottomless pit [abyss], whose name in the Hebrew tongue is Abaddon, but in the Greek tongue hath his name Apollyon [Destroyer!]."

This angel or demon is none other than Satan the devil — the Destroyer. He is the old serpent of Revelation 12:9, who is called the "god of this world" in II Corinthians 4:4.

He is the same one who gives his

power to a great end-time false prophet (II Thes. 2:7-9). He will stir up certain kings or rulers to amalgamate their military forces to become the greatest war-making machine in history!

Bible prophecy is coming alive in these "searing seventies"! The world's "hot spots" are spreading and this decade promises to be one of the most traumatic in man's experience! You need to watch world events as they unfold, daily fulfilling the many intricate and specific prophecies relating

to this pulsating twentieth century!

Future articles in Tomorrow's

World will continue to assist you in
understanding Bible prophecy.

What is prophecy? Who were the Prophets? Why was prophecy written? These questions are answered in our *free* reprint article "Why Prophecy?" Write for your copy today.

The Apostle PAUL-

Commandment Breaker, or Commandment Keeper?

Some claim Paul taught Christians to disobey the Ten Commandments. Yet, how many have stopped to personally examine the writings of Paul — really prove what Paul taught concerning the Ten Commandments? Have you?

What did the Apostle really teach?

by Eugene M. Walter

assume Paul taught Christians to disobey the Ten Commandments. If you keep the Law of God, it is claimed, you are under a curse! You probably have heard this teaching from childhood and have assumed it to be true.

To be sure, many have sincerely thought and assumed that this is New Testament teaching. But God commands us to quit assuming — to "prove all things..." (I Thess. 5:21).

Does it make any difference to God whether you obey Him?

How to Begin

Some of what Paul wrote is admittedly difficult to understand. Peter was inspired to say that Paul wrote "some things hard to be understood, which they that are unlearned and unstable

WREST, as they do also the other scriptures, unto their own destruction" (II Pet. 3:16).

But on the other hand, Paul also wrote much which is *clear*, *plain* and EASY to understand. In those passages it would be impossible to MISunderstand what he is saying.

The logical way to understand Paul's teachings about the Ten Commandments is to go first to his plain, clear, straightforward statements on this subject. Only when we first understand these, are we ready to intelligently study Paul's more difficult passages.

However, because the natural mind of man has a built-in hostility toward God and His Ten Commandment Law (Rom. 8:7), men don't follow this logical approach.

Instead of understanding Paul's difficult statements in the light of his PLAIN, CLEAR, easy-to-understand words, many do just the opposite. They totally discard, reject and IGNORE Paul's direct, straightforward, UNMISTAKABLE statements about the Ten Commandments. They then twist and distort his more difficult-to-be-understood statements to their own fancy — and their own DESTRUCTION.

Let's not be guilty of such a mistake! Let's examine Paul's direct, straightfrom-the-shoulder POSITIVE teaching about the Ten Commandments first. Only then can we hope to understand those passages which are more difficult.

What Paul Clearly Taught

Now what are some of Paul's clear statements about the Ten Commandments? One such statement is found in I Corinthians 6:9-10. Here Paul warns: "Be not deceived, neither fornicators,

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nor *idolaters*, nor *adulterers*...nor *thieves*, nor *covetous*, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God."

In this one short passage the Apostle Paul names the breaking of FOUR of the Ten Commandments — idolatry, adultery, stealing and coveting — and dogmatically states that any found guilty of breaking these commandments will not inherit God's Kingdom! And he sternly warns us not to deceive ourselves by thinking otherwise!

Notice another unmistakably clear and easy-to-understand passage: "Now the works of the flesh...are these; adultery, fornication, uncleanness, lasciviousness, idolatry...wrath, strife, seditions, heresies, envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God" (Gal. 5:19-21).

This passage repeats two commandments — those pertaining to adultery and idolatry — and adds one more — the command against *murder*.

This makes a total of FIVE commandments which Paul has specifically and unequivocally stated Christians must keep if they are to inherit or enter God's Kingdom. And since idolatry, which is mentioned in both of these passages, automatically breaks the first commandment, which is "Thou shalt have no other gods before me" (Ex. 20:3), Paul has actually commanded obedience to six of the Ten Commandments in just two short passages!

Now turn to Colossians 3:5-9. This passage reads: "Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry: For which things' sake the wrath of God cometh on the children of DISOBEDIENCE... But now ye also PUT OFF ALL THESE: anger, wrath, malice, blasphemy, filthy communication out of your mouth. LIE NOT one to another, seeing that ye have put off the old man with his deeds."

This scripture names and condemns disobedience to two more of the Ten Commandments — bearing false witness, or lying, and taking God's name

in vain through blasphemy and filthy talk. (See also Ephesians 4:29.)

Next open your Bible to Ephesians 6:1-2. Here we read, "Children, obey your parents in the Lord: for this is right. Honour thy father and mother; which is the first commandment with promise." This is a direct quote from the commandment in Exodus 20:12. Yet here Paul explicitly COMMANDS Christians to obey it!

This makes a total of NINE commandments which Paul has distinctly and separately named as being binding on Christians. Only the Sabbath command is left. Let's see what Paul taught about it.

Paul and the Fourth Commandment

Every argument imaginable has been advanced against the command to keep holy the day God made holy (Ex. 20:8). Some want to use time as they please. They don't want God telling them what to do! Some hate this command more than any other, it seems. It is the "test commandment" to show who God's people really are.

Did Paul obey this commandment? Did he personally keep the day God made holy — and did he teach others to obey it? Let's not just guess or assume. Let's examine the Scriptures and "prove all things."

In Acts 13 we have the account of Paul and Barnabas coming to Antioch in Pisidia. There they "went into the synagogue ON THE SABBATH DAY, and sat down. And after the reading of the law and the prophets the rulers of the synagogue sent unto them, saying, Ye men and brethren, if ye have any word of exhortation for the people, say on" (Acts 13:14-15).

Then Paul stood up and spoke, preaching Christ to them.

"And when the Jews were gone out of the synagogue, the GENTILES besought that these words might be preached to them THE NEXT SABBATH" (verse 42).

Now since Paul was preaching "the grace of God" (verse 43), here was his opportunity to straighten out these Gentiles. Notice what Paul did.

"And the NEXT SABBATH DAY came

almost the whole city together to hear the word of God" (verse 44). Here Paul waited a whole week in order to preach to the Gentiles upon the day God made holy!

But this is not the only passage showing that Paul obeyed this commandment.

In Acts 18:1-11 there is the account of Paul living with Aquila and Priscilla for one and one-half years (verse 11). During this time we read that he "reasoned in the synagogue EVERY SABBATH, and persuaded the Jews and the Greeks" (verse 4).

Notice it! This New Testament passage tells us that Paul labored the six working days and taught in the synagogue every Sabbath for one and one-half years!

Likewise in Acts 17:2, Paul "as bis manner was, went in unto them, and three SABBATH DAYS reasoned with them out of the scriptures."

It was Paul's MANNER — his CUSTOM — to keep God's day holy. Did he follow Christ in this? Certainly! Jesus, "as his custom was... went into the synagogue ON THE SABBATH DAY" (Luke 4:16).

It was Christ's custom to keep the Sabbath. Paul followed Christ and he commands Christians: "Be ye followers of me, even as I also am of Christ" (I Cor. 11:1). Paul kept the fourth commandment and he commands Christians to follow him in this regard.

For a final clincher of this fact, turn to Hebrews 4:9. Here, according to the original inspired Greek, Paul makes the direct statement, "There remaineth therefore a sabbath observance to the people of God."

This passage is obscured in the King James Version which reads, "There remaineth therefore a rest to the people of God." But the word translated "rest" comes from the Greek word sabbatismos and, as the marginal readings in many Bibles show, means "keeping of the Sabbath observance." Because the King James translators didn't believe this verse meant what it said, they translated sabbatismos by the obscure word "rest."

This verse, then, tells us point-blank that those who really are God's people will be keeping holy the day He made holy. If you want to know which day is the Christian Sabbath, write for the booklet entitled Which Day Is the Christian Sabbath? It's FREE.

Yes, Paul commanded obedience to the fourth commandment just as surely and firmly as he did to each of the other nine.

What Will YOU Do?

The evidence is overwhelming! Paul personally kept ALL TEN of God's Ten Commandments. In doing this he followed in the steps of Jesus Christ. This is why Paul could say, "Be ye followers [imitators] of me, even as I also am of Christ."

Christ taught obedience to the Law. In John 15:10 Jesus said, "I have kept my Father's commandments...." He says to His true followers, "If ye keep my commandments, ye shall abide in my love."

The question for us today is: Are WE willing to follow Christ, too? If we, like Paul, are crucified with Christ (Gal. 2:20) and Christ lives His life in us by His Spirit, Christ IN us will still keep God's Ten Commandments, for He is the SAME, yesterday, today and forever (Hebrews 13:8). This subject is made plain in the FREE booklet What Kind of Faith Is Required for Salvation?

There are hundreds of additional New Testament passages covering obedience to God and His Law, both from the writings of Paul and others. Since space does not permit them all to be included here, write for our FREE book entitled *The Ten Commandments*. It's full color and fully illustrated. It quotes many scriptures showing how we are to keep God's Ten Commandments.

We have, however, given sufficient information to prove conclusively and beyond a shadow of a doubt that Paul DID teach obedience to the Ten Commandments.

Don't be deceived by those who teach disobedience! Many who hate God's Law are very skillful at putting a clever twist on certain of Paul's more difficult passages to make it appear that the Ten Commandments are "done away."

Heed Peter's warning! Don't be deceived!

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THE STORY OF MAN

for children five to one hundred five

Written and Illustrated by Basil Wolverton

DAVID'S THRONE RE-ESTABLISHED

CHAPTER ONE HUNDRED FIFTY-THREE

Egypt's northeastern border was perhaps even more dismaying to the self-exiled Jews than it was to the Egyptians. They began to realize that what the Prophet Jeremiah had told them really would happen. (Jeremiah 44:24-30; 46:13-26.) Having treated God's prophet without respect, they now began to fear both God and the Babylonians.

No Safety in Egypt

The arrival of the invaders at this time was due to unusual circumstances in Egypt, as reported in an-

When the Babylonian army later came through Judah, they found that most of the cities were inhabited only by animals.

cient histories. For a long time the citizens had been increasingly unhappy with their ruler, Pharaoh Apries. When Apries learned that his people were on the verge of a national revolution, he sent one of his generals, Amasis, on a tour of the nation to try to calm the people down with so-called goodwill speeches intended to paint Pharaoh as a ruler they should learn to appreciate.

To the surprise of both Pharaoh and Amasis, the citizens were so impressed by Amasis' oratory and manner that a large crowd of them forcibly insisted that Amasis become their leader and seize the throne from Apries. Amasis couldn't resist this doubtful opportunity to become the ruler of a powerful nation. He became the champion of the revolution.

Apries organized enough of an army to make a



feeble attempt against Amasis' army, but he was defeated in an initial battle.

News of this came to Nebuchadnezzar, who decided that this was the opportune time to invade Egypt, and punish the nation for its many attempts to bring Judah into rebellion against the Babylonians.

Nebuchadnezzar picked his time well. Even Pharaoh's army rebelled and refused to fight for him. Within days Egypt fell victim to the Babylonians and Apries was killed. Nebuchadnezzar naturally proclaimed Amasis as the new ruler and returned to Babylon, but not without taking most of the Jews and many Egyptians with him. Thus more of Jeremiah's prophecies were carried out, including the one that Nebuchadnezzar would overcome Egypt as easily as a shepherd puts on his coat. (Jeremiah 43:8-12.)

Before the Babylonians started rounding up their captives, Jeremiah and Baruch safeguarded Zedekiah's daughters and a few loyal Jews who had been taken into Egypt against their will. All were miraculously spared by the invaders. All other Jews were killed or captured and herded off toward Babylon. The hopeless captives miserably remembered that Jeremiah had told them they would deeply regret leaving their land against God's instruction.

The Babylonians departed with their spoils and apparently took Jeremiah and his little group with them. A few days later they arrived in Judah but not to stay long in a place that had become so utterly desolate. Ravaged cities had turned into the habitations of animals and birds. Fields and orchards were full of weeds.

Royal Family Transplanted

Jeremiah and his little band might well have survived there, but God had instructed the prophet to take Baruch and Zedekiah's daughters and go elsewhere. Jeremiah obeyed God and, taking leave of Nebuchadnezzar's army, led Baruch and Zedekiah's daughters to a seaport on the Great Sea, possibly Joppa. There they embarked on a sailing ship to the far country of Spain, about two thousand miles to the west. Irish and Celtic-European annals have preserved the record that a young Irish prince, who was in Jerusalem when the city was taken, stayed with Jeremiah in all these travels and married one of the Jewish princesses in Jeremiah's care.

To learn where Jeremiah and his companions

went after going to Spain, it's necessary to flash back almost twelve centuries to the time of Judah. Judah, remember, was the father of the Jews, one tribe among the twelve tribes of Israel. Through that small part of Israel God planned to carry on the "sceptre," or reigning line of His chosen people (Genesis 49:10):

But the birthright line of Israel was given to Ephraim and Manasseh. (I Chronicles 5:1, 2.) These latter two tribes and their descendants by the millions were to receive the material blessings promised because Abraham had obeyed God, even to the extent of being willing to sacrifice his only son. (Genesis 26:1-5.)

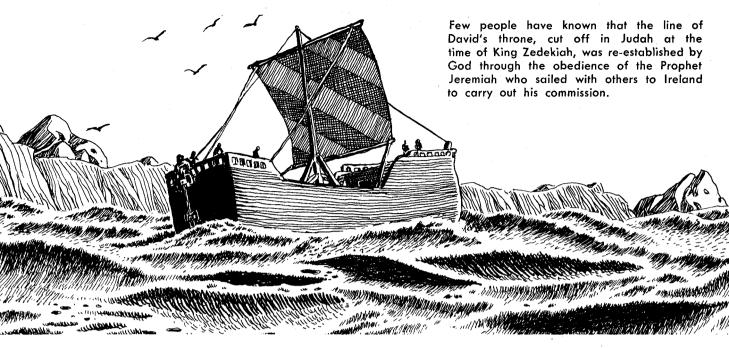
Judah, one of Abraham's great-grandsons, was the father of twin sons, Zarah and Pharez. Just before they were delivered, when the midwife realized there were twins, she was especially careful to note which would be born first. That one would be the royal seed through whom the reigning line, or "sceptre," would be carried on.

As it happened, a hand emerged first, where-upon the midwife tied a red thread around the little wrist to show which child was the first to start from the mother. However, that baby drew its hand back and the other twin emerged. (Genesis 38:27-30.) Zarah, with the red thread around one wrist, was rightfully first from his mother, but only in part.

The other child, Pharez, was the one through whom the reigning line in Judah was first passed on, though generations later God combined it with the line of Zarah. David, Zedekiah and Christ were of the Pharez line. But Zedekiah's daughter was destined to marry into the Zarah line.

God used the Prophet Jeremiah in re-establishing the throne of David by sending him and his group by ship via Spain to the island known later as "Ireland."

There, long before King David's time, a colony of Israelites called the "Tuatha De Danaan" arrived and subdued the people called "Firbolgs" who had inhabited the island before them and ruled for hundreds of years. Later more Israelites, called "Milesians," arrived from Scythia, this time of the line of Zarah. One of Zedekiah's daughters who came with Jeremiah married a prince who was a descendant of Zarah. This prince became king at his father's death. Inasmuch as his wife was a princess of the Pharez line, the Pharez and Zarah lines were united and



David's throne was re-established in Ireland to continue as God promised.

People of Israel Relocated

There are many detailed facts about this fascinating matter. Most of them have been uncovered in the last few decades along with surprising revelation of what happened to the supposedly "Lost Ten Tribes" of Israel, an absorbing story in itself. Jeremiah and Ezekiel had much to say about it, but the key to understanding much of what these two prophets wrote about is to realize that the Jews were not included in the ten-tribed House of Israel, although the Jews were Israelites.

Ezekiel wrote that Zedekiah's throne would be overturned three times. (Ezekiel 21:25-27.) The first overturn was accomplished when Jerusalem was destroyed and the Israelite prince who married one of Zedekiah's daughters became king, and the throne was transplanted thousands of miles away. The dynasty that resulted lasted down through many generations in Ireland.

Eventually, the throne was overturned a second time when it was removed from Ireland and established in Scotland. The third overturn was much later when it was removed by Edward I to London, where it exists today. As this is written, Queen Elizabeth II occupies the throne that came down all the way from King David! Christ will occupy that same throne after the third prophesied overturn and its final re-establishment in Jerusalem.

While the seat of Israelite rulership was being changed from place to place, more and more Israelites were migrating to Europe. Having escaped over the centuries from their Assyrian captors, in the area of the Black Sea, they moved northward and westward to flourish in many regions — even across the Atlantic Ocean to North America, where their numbers compounded.

God's promises to Abraham, Isaac and Jacob were steadily carried out, insomuch that the descendants of Ephraim under the rule of Davidic kings became large, wealthy and powerful, culminating in the British Empire and the Commonwealth. The descendants of Manasseh developed into the most powerful single nation on earth — the United States in North America. Both fulfilled the prophecy of Israel, their father. (Gen. 48:14-20.)

Careful study of the Bible and history together shows that descendants of the tribe of Manasseh, the elder son of Joseph, are the principal inhabitants of the United States. But most Bible scholars refuse to accept this fact.

Most of the people of the British Commonwealth are descended from the tribe of Ephraim, the youngest son of Joseph. In both nations are also people of many lands who have come to share in the wealth and freedom. Relatively few citizens of both nations know themselves to be Israelites, although it was a fairly common belief a few centuries ago. Today most consider themselves Gentiles.

This error makes understanding Bible prophecy

almost impossible for them. It's a matter of God giving special understanding to those who choose to be obedient to His laws. Most refuse to recognize the vital importance of these permanently living laws because they consider them "Jewish" and assume they were discarded and cancelled by Christ.

The Seventy Years' Captivity

About the time Jeremiah was still trying to convince Judah to shun any alliance with the Egyptians, there was living in the Babylonian capital a young lad named Daniel. Daniel had been taken captive from Judah in the time of King Jehoiakim. Many other Jews shared Daniel's circumstances, in which their captors sought to determine which of the captives could be of the most value in contributing to a superior culture.

Nebuchadnezzar's nobles were particularly pleased with Daniel's abilities, given to him because God had long since chosen him to be a prophet and to find favor with his captors. With three other young princes who also proved to be unusually intelligent, Daniel went through a three-year period of intensive training in the knowledge of Babylonia's most learned men. (Daniel 1:1-7.)

Because Daniel, Hananiah, Mishael and Azariah had grown up as followers of God, even when almost all the rest of the royal family were turning against God, they weren't swayed by the pagan philosophy of the Babylonians. Of course, their instructors naturally hoped and tried to influence their religious beliefs.

Their names were changed. Daniel was to be known as "Belteshazzar"; Hananiah was altered to "Shadrach"; Mishael was given the name of "Meshach"; Azariah was renamed "Abed-nego." Their original names had to do with God, whereas their new names had pagan meanings. When the period of instruction was at an end, these four close friends stood out as the topmost among the trainees.

It was the custom that the same kind of food that was served at the king's table was also served to the youths in special training. This meant that unclean foods and such as were previously offered to idols would often be brought to the young men. The four friends agreed that they wouldn't follow such a diet but would remain faithful to God and be at their best physically and mentally. (Leviticus 3:17; 7:22-27; 11:1-47.)

"We must take a stand on this matter," Daniel

observed. "Even if meat hasn't been offered to idols, we can't know if it has been properly drained of blood, which we know should not be eaten. As for liquids, we're given more wine than water. If we continue this way, we'll make little headway. We'll have to try to have our food changed."

The next time Melzar, the man in charge of them, came to bring scrolls to study, Daniel diplomatically reminded him that they were there for the purpose of developing physically and mentally but that they couldn't make much progress if they ate food prepared mainly for epicurean appetites and not necessarily for nourishment.

"But Nebuchadnezzar himself chooses what you should eat," Daniel's overseer informed him. "He eats the same kinds of food, and he is convinced that it is the best food available anywhere. Perhaps you don't appreciate this rare and costly fare because you don't know that much of it comes from distant lands, even at the expense of human lives. You four fellows didn't eat the oysters that were brought at great expense all the way from the Persian Gulf. And you didn't touch the special stew made of squirrels brought from the mountains. Nor the exquisite papyrus wine from Egypt. And you didn't even taste the..."

"We truly appreciate being offered these specialties," Daniel interrupted. "My point is that the health-giving qualities of food are more important than unusual flavors and costliness. We can't speak for others of our countrymen in training, but we prefer cereal grains, vegetables and water for the time of our training."

Melzar stared in disbelief.

"You'd soon starve on only those things!" he exclaimed impatiently. "My superiors would demand to know why you had become so thin and weak. If they found out how poorly I had been feeding you, Nebuchadnezzar would have me beheaded!"

"I assure you we would never starve," Daniel told Melzar. "If you could manage to provide us with only vegetables, cereal grains and water for the next ten days, we'll prove to you that we'll be healthier than the men who gorge themselves with the king's favorite foods."

Melzar blinked worriedly, unable to understand that Daniel's simple choice of food and drink could do anything but enfeeble the four young men. (Daniel 1:8-13.)

"At the risk of losing my life, I'll do as you ask

for ten days at the most," Melzar reluctantly agreed. "Meanwhile, if I notice that you are failing, I'll start giving you only the richest foods to build you back up before your lack of nourishment is discovered."

For the full ten days Melzar managed to bring Daniel and his companions the food they wanted. Even in that short time the four youths developed a healthier appearance than that of the other trainees who ate unclean meats and drank so much wine. Melzar was amazed. (Daniel 1:8-16.) Of course, he didn't understand that the God of Israel had a hand in the matter because the four young Jewish men were obedient to Him in the matter of avoiding food that was unclean in the Creator's sight.

At the same time, because of that obedience, God gave them special wisdom and good judgment. Added to that, Daniel was given unusual understanding in interpreting visions and dreams. This isn't to say that Daniel was a psychiatrist. Visions and dreams by certain people sometimes have special meanings from God. Daniel was given the ability to know if visions and dreams had any important meanings and what those meanings were. With God's help, he had a great advantage over "wise" men and magicians, who often were influenced by demons.

At the end of the three years of training, Daniel and his three close friends were adjudged the healthiest and most learned and intelligent of all the trainees. Nebuchadnezzar himself tested their knowledge and decided that they were far more mentally keen than any of the others whom the Babylonians had chosen to train. (Daniel 1:17-20.)

Nebuchadnezzar's Dream

Not long after this happened, the king of Babylon had a dream that greatly troubled him because it was so sharp and clear at the time and seemed to have strong bearing on the future. By next morning, as dreams usually do, it had mostly faded from remembrance. Still it bothered him. He called in his magicians, astrologers and Chaldean philosophers, hoping that there was someone among all these who could tell him the meaning of his unusual dream.

"May you live forever," these men gravely and dutifully announced, according to the manner of greeting a king in those times. "We understand that you have had a very unusual dream whose meaning you would like to know. Tell us about it,

and we shall interpret it for you." (Daniel 2:1-4.)

"I can't tell you about the dream because it has gone from my mind," Nebuchadnezzar explained. "You will have to use your powers to find out what the dream was about as well as its meaning. If you fail, you will be put to death and your homes will be knocked down and used as places for manure piles."

This chilling statement brought deep fear to the so-called "wise" men. Every one of them knew he was incapable of knowing or even guessing what the king's dream was about, unless possibly with the help of demons. But it was their job to try to create the impression that they had supernatural knowledge and powers.

"On the other hand," continued Nebuchadnezzar, "anyone who is able to tell me my dream and the meaning of it shall be highly rewarded and honored. Now speak out. Your lives depend on what you have to say!" (Daniel 2:5-9.)

There was a hurried, hushed consultation of the astrologers, magicians and philosophers while Nebuchadnezzar looked on impatiently. At last the group broke up. A spokesman approached the king, bowing low and smiling hopefully.

"Please try to remember what you dreamed, O mighty ruler," he begged. "Then we will tell you what the dream means."

"I've already told you that I've forgotten!" Nebuchadnezzar snapped. "It's obvious that you're all stalling because you don't know what to say! It's also obvious that you got your heads together just now to agree on some kind of lie!"

"I humbly remind you, sire, that your request is most unusual," the spokesman hesitantly mumbled. "No man, not even an astrologer, magician or philosopher, should reasonably be expected to have an answer to such a difficult question. Only the gods are capable of knowing such things and they rarely communicate with man."

Of course, this was quite the wrong thing to say to Nebuchadnezzar. It was an act of desperation, done with the hope that the king would appreciate a frank approach and would reconsider his drastic threats of punishment. It didn't turn out that way.

"Out!" Nebuchadnezzar bellowed. "I want all of you out of my palace immediately! All sorcerers, magicians, philosophers and astrologers are to die!"

Unhappily, this included Daniel and his three close friends.

(To be continued next issue)

The Dilemma of Death!

Why should death be such a dilemma to most people? And is there a resurrection to reunite you with your departed loved ones? Read the answers in this revealing article.

by John R. Schroeder

New among us have not been shaken to the very roots — wounded to the very depths of our being by the death of a loved one. Even the great of this world have experienced this traumatic trial. General Douglas Mac-Arthur said of the death of his father: "My whole world changed that night. Never have I been able to heal the wound in my heart" (Reminiscences, page 44). His brother died suddenly in 1923. He later recorded, "I loved my brother dearly and his premature death left a gap in my life which has never been filled" (Reminiscences, page 23). Death claimed his mother in 1935. The General wrote, "Within two months after our arrival in Manila my mother died, and our devoted comradeship of so many years came to an end" (Reminiscences, page 113).

Sir Winston Churchill wrote, "My father died on January 24 [1895] in the early morning.... All my dreams of comradeship with him, of entering Parliament at his side were ended. There remained for me only to pursue his aims and vindicate his memory" (My Early Life, page 62).

David's Example

And remember King David's experience. He besought God for his stricken child's life with seven days of fasting and prayer. When the child died, David discontinued his fast — resuming a normal life. His servants were amazed and asked why. David answered, "... While the child was yet alive, I fasted and wept: for I said,

Who can tell whether God will be gracious to me, that the child may live? But now he is dead, wherefore should I fast? can I bring him back again? I shall go to him, but he shall not return to me" (II Sam. 12:22-23).

King David had the right approach and attitude about his son's death. He exemplified the New Testament scripture which tells us to "...sorrow not, even as others which have no hope" (I Thes. 4:13). Also, the very fact that General Douglas MacArthur and Sir Winston Churchill so amply fulfilled their respective roles in life proves they did not continually reflect back on the death of close relatives in a morbid manner. Of course, to sorrow for a little time is natural.

And yet — even when our perspective about death is properly in focus — there is still a gap, a certain void in our lives when a close member of the immediate family or a good friend is removed from us by the sobering occurrence of death. There are few better experiences in this physical life than having your family and friends about you — rejoicing with them — sharing the vicissitudes of life. And yet every family relationship has been broken by death.

When one member dies, he cannot be replaced. He is a unique being. There will never be another Jim or Joe or Helen or Mary. True, one may resume a normal life, get absorbed in activities, cultivate other close friendships, even remarry. But, there are those inevitable moments when we reflect back on pre-

vious relationships with deceased loved ones — their personalities — how they were — what good times we had together.

Is there any way this gap can be closed, the void created by death filled, and the sadness permanently healed? Let's begin to understand.

Jacob's Example

Notice the Patriarch Jacob's experience. His other sons sold his favorite son Joseph into slavery. They deceived Jacob into thinking Joseph was dead. His reaction? "And Jacob rent his clothes, and put sackcloth upon his loins, and mourned for his son many days" (Gen. 37:34).

The void continued in Jacob's life for many years (Gen. 37:35; 42:36-38). Later Jacob learned that Joseph was yet alive (Gen. 45:26). He went down to Egypt to see him. Notice this remarkable reunion. "And Joseph made ready his chariot, and went up to meet Israel [Jacob] his father, to Goshen, and presented himself unto him; and he fell on his neck, and wept on his neck a good while. And Israel said unto Joseph, Now let me die, since I have seen thy face, because thou art yet alive" (Gen. 46:29-30).

Jacob was so happy to see his son Joseph again that he felt his mission completed in life. (Actually, it was not. He had 17 more years to live and some crucial prophecies to pronounce that are still being fulfilled today — many centuries later.) He later told Joseph, "I had not thought to see thy face [again]: and, lo, God hath shewed me

also thy seed [your children]" (Gen. 48:11).

God's Sure Promises

Does God have this same joyous reunion of families in mind for his sons and daughters who overcome and are born into His Kingdom? The answer is an unequivocal "YES!" It is as sure as the rising of tomorrow's sun.

Remember the words of David: "... I shall go to him, but he shall not return to me." What did David mean by "I shall go to him"? David was talking about a reunion with his son in a resurrection. Let Christ clarify. "Verily, verily, I say unto you, The hour is coming, and now is, when the dead shall hear the voice of the Son of God: and they that hear shall live" (John 5:25). Continue: "Marvel not at this: for the hour is coming, in the which all [not part] that are in the graves shall hear his [Jesus'] voice, and shall come forth..." (verses 28 and 29). Jesus said, "I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live" (John 11:25).

This is a SURE prophecy. The dead shall live. The gap will be closed. The void filled. The wounds healed. Families permanently reunited in the resurrection. Listen! "And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away" (Rev. 21:4).

Questions naturally arise: Will every single family be reunited? What about the second death — what role will that play? When will this resurrection be? Is there more than one resurrection? What if one dies being unconverted? Is he lost forever? And a host of others. All these questions cannot be answered in this short article. However, we do have answers.

Write immediately for our FREE reprint article entitled "What Is Death?" It answers many of the above questions and more. You cannot afford to be in ignorance of this subject. You need to understand the vital dimension of death and the part it plays in your life. Death need not be a dilemma. It can be understood.

IS JESUS GOD?

(Continued from page 3)

was Christ" (verse 4). II Sam. 22:2-3: "He said, 'The LORD [Yahveh] is my rock, and my fortress, and my deliverer, my God, my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold and my refuge, my saviour; thou savest me from violence.' "See also verse 32.

In Psalm 18:1-2, this same "ROCK" is Yahveh. When Moses was talking to Yahveh, and asked Him His name (Ex. 3:4-5, 13), He answered that His name was "I AM" (verses 6, 14) and Yahveh — the Eternal One (verse 15). See also Ex. 6:2-3 In John 18:5-8, as soon as Jesus identified Himself to the mob led by Judas as "I AM" (the "he" in italics is added without inspiration, and was not in the original), they went backward and fell to the ground. Again in John 8:56-58, Jesus called Himself: "I AM." For we read, "Jesus said to them 'Truly, truly, I say to you, before Abraham was, I am'" (verse 58).

The person of the Godhead who is our REDEEMER is Jesus Christ. John 4:42 contains this: "They said to the woman, 'It is no longer because of your words that we believe, for we have heard for ourselves, and we know that this is indeed the SAVIOUR of the world." "But our commonwealth is in heaven, and from it we await a Saviour, the Lord Jesus Christ" (Phil. 3:20). Read also Titus 2:10-14, Luke 1:68-69.

That Jesus, the Savior, is Yahveh, see Isaiah 49:7 and Isaiah 60:16, where He - Yahveh - is also "the mighty One of Jacob" — to be OF Jacob means a son, or descendant of Jacob - the Mighty One of all Jacob's children. Also in Isaiah 48:17, Yahveh is called the Redeemer, and the Holy One of Israel - the One of Israel who is Holy! The same is expressed in Isaiah 43:14, "Thus says the Lord, your Redeemer, the Holy One of Israel " Also note the next verse (15), Yahveh is Israel's Holy One, Creator of Israel, Israel's King. Now notice in Acts 3:14-15 that the Christ who was denied was the same "HOLY ONE" — Yahveh! "But ye denied the Holy and Righteous One ... the Prince of life" (Panin). See also Acts 2:27 and Mark 1:24.

Christ Was David's Shepherd

Who was David's shepherd? (Psalm 23:1.)

In John 10:11, Jesus said He was the Shepherd. Open your Bibles also to Heb. 13:20: "Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep" Compare this text with I Peter 2:24-25, which says, "For you were straying like sheep, but have now returned to the Shepherd and Guardian of your souls." We also read, "Tend the flock of God that is your charge, not by constraint but willingly, not for shameful gain but eagerly, not as domineering over those in your charge but being examples to the flock. And when the chief Shepherd is manifested you will obtain the unfading crown of glory" (I Peter 5:2-4, RSV).

It is JESUS CHRIST who is coming again in person as KING of kings to rule, and to RESTORE. In Rev. 19:13 John writes, "He is clad in a robe dipped in blood, and the name by which he is called is The Word of God." "From his mouth issues a sharp sword with which to smite the nations, and he will rule them with a rod of iron; he will tread the wine press of the fury of the wrath of God the Almighty" (verse 15, RSV). And again in Rev. 17:14 John writes, "They will make war on the Lamb, and the Lamb [Christ] will conquer them, for he is Lord of lords and King of kings, and those with him are called and chosen and faithful." The Great Shepherd who is coming to RULE as King over all kings is Yahveh. "And ye my flock, the flock of my pasture, are men, and I am your God, saith the Eternal" - Yahveh or Christ! See Ezek. 34:11, 30-31.

Now notice Isaiah 2:1-4 and Micah 4:1-4. "It shall come to pass... that the mountain [Kingdom] of Yahveh's house shall be established in the top of the mountains [kingdoms]" — ruling the world. "And he [Yahveh — Christ] shall judge among the nations, and shall rebuke many people," and then they shall have PEACE.

In almost every Old Testament passage, the LORD Yahveh — the Eternal — is Jesus Christ. Clearly, Jesus is the God of the Old Testament.

Personal

(Continued from page 1)

made necessary the production of a NEW magazine of Biblical understanding. Thus Tomorrow's World was born. It became what *The* Plain Truth used to be — a magazine of Biblical truth and understanding — making the truth of the Bible Plain!

But we were unable, at the time, to have both *The* Plain Truth and Tomorrow's World published in the other four languages. Meanwhile, the German edition went wholly secular-appearing, like the English edition. We were no longer making the Bible, as such, Plain and clear to our German readers — even though we were still giving them Biblical principles and teaching in non-Biblical language. The French edition became a sort of mixture between the two.

I called this conference to go over all the facets of this problem so I could make the right decision.

It became evident that it was incumbent on us to issue both magazines in all five languages — otherwise we were simply not carrying out our divinely called mission. That had to be the decision. And once I realized that, I said that we could rely on God to supply the need.

To help, it was decided that for the first six months the foreign language editions of Tomorrow's World would contain only one signature of 16 pages plus cover — and with only the cover in color — the 16 pages in black and white only. And, further to help, we would at the same time reduce the English edition from three 16-page signatures to two — making it 32 pages plus cover — total 36 pages.

Therefore, starting with this issue the Ianuary 1972 number — the English edition of TOMORROW'S WORLD is reduced to the 36 pages. We are sorry we have to ask you, our readers, to sacrifice this one signature. BUT—we know that you'll be glad to help make possible TOMORROW'S WORLD in four other languages.

Soon, I hope, we shall have both magazines issued in Italian and in Japanese, and later other languages.

But it is another big milestone reached in the Work — another big leap ahead — that beginning 1972 we shall issue both *The Plain Truth* and Tomorrow's World in all five languages — reaching millions of additional readers in Germany, France, Belgium, Austria, Holland, Spain, Mexico and many other Spanish-speaking countries.

And by the way, for the first time a Spanish radio station in Madrid has opened the door to broadcast *The* WORLD TOMORROW in the Spanish language.

ANSWERS to your Questions

"On the radio broadcast, Garner Ted Armstrong declared the Bible says no man has ascended into heaven. But II Kings 2:11 states that Elijah was taken to heaven. How do you square that?"

Good question! The answer is that both statements are true.

Elijah was taken "up by a whirlwind into heaven," but as Jesus clearly said, "No man hath ascended up to heaven, but he that came down from heaven, even the Son of man"! (John 3:13.) Clearly, the "heaven" where Elijah was taken was not the same place to which Jesus referred.

There are, in fact, three "heavens" mentioned in the Bible — not just one.

The third heaven is God's throne, where Jesus is today. Jesus, as God's High Priest, is the only one who has the right to be in that heaven with the Father. The second heaven is the vast space in which we see the stars, the sun and the moon, the comets and planets (Ps. 8:3). And the first heaven, the one into which Elijah was taken by a

wind, is the very one in which birds and airplanes fly, the atmosphere around our planet (Gen. 1:20). It would be physically impossible for a whirlwind to travel beyond the heaven that is this earth's atmosphere.

For a fuller explanation, write for our FREE booklet on *Enoch and Elijah*. It explains these matters in fascinating detail. You'll thoroughly enjoy it.

"The Bible says that Enoch 'was not, for God took him' (Genesis 5:24), and that he was 'translated that he should not see death; and was not found, because God had translated him' (Hebrews 11:5).

"What actually happened to Enoch? Where did he go? Where is he now?"

At this moment Enoch is dead and in his grave. We know this because it is clearly stated in Hebrews that Enoch died in faith, not having received the promises (Heb. 11:5, 13). And Genesis 5:23 plainly says that ALL THE DAYS of Enoch were 365 years. On the other hand, God did deal with Enoch in a highly unique manner.

Enoch was one of those rare persons who realized the tremendous importance and profit in living God's way. From

age 65 until his death, three hundred years later, Enoch "walked with God" (Genesis 5:22). And God is always particularly concerned for those who put His work *first* in their lives. He *promises* to protect them in times of severe trial (Ps. 37:39-40).

We are not informed of the conditions that made it necessary for God to "translate" (transfer, transport) Enoch from where he had been, but it is clear that God did this to save his life (Heb. 11:5). Enoch was not taken to the heaven of God's Throne—he was removed by God to a safer location on the earth. Conditions were so bad that Enoch would have perished at the hands of men—had not God intervened.

A similar time of severe trial and test is soon coming on this entire world — but worse than any the world has heretofore known (Matt. 24:21). You, like Enoch, need to know how to escape these coming times of unimaginable evil (Rev. 3:10-12). Enoch knew the way to Divine protection. Ask for our reprint entitled "There Is a Way of Escape." And you need the booklet on Enoch and Elijah. It explains fully what happened to Enoch. Ask for it, too. They're both FREE.

I suppose the greatest understanding was the realization of how much tradition had interfered with my understanding. Being able to blot out of my mind deep-seated traditional views that were further enhanced by a lot of theological trash, forced me to open my mind to the simple truths of the Bible.

Ellis K., Athens, Ala.

Jerusalem Through the Ages

I am so amazed with the accomplishments made over in Jerusalem. I wish that I were one of the students "digging" up treasures and actual realities of Herodian times. And walking where ancient kings of Judah trod — what an experience! No wonder the students work energetically!

The articles were most inspiring. What amazes me most about your entire work is that you take the Biblical text of the Old Testament and show its relationship to today's modern and geographical times. Like how Jerusalem will be uplifted topographically.

Daisy M., Memphis, Tenn.

I would very much like to buy a copy of the October 1971 issue of Tomorrow's World. You have excellent articles on the current excavations which your college has undertaken with Hebrew University. Our class in archaeology would appreciate having this issue to study on the work being done in Jerusalem to uncover its glorious past. This would mean a great deal to us and would be very valuable to a student doing a project on Jerusalem.

Please let me know the cost of this issue.

Lorine R., Elsah, Illinois

• Not for sale. But we will give you a copy.

Last week, while in my doctor's office, I picked up the October 1971 edition of your magazine Tomorrow's World. In this particular edition was an article entitled "Uncovering Ancient Jerusalem." I had been privileged to see some slides that a person took while on a trip to Jerusalem and this article, which I didn't have a chance to complete reading, was most interesting. I would like to finish reading and keep it.

You would favor me greatly if you would send me a copy of the October 1971 edition of *Tomorrow's World*, for which I shall be most happy to send you the cost. I couldn't find any price on the magazine cover, or I would have enclosed it with

this letter.

Doris N., Baltimore, Maryland

• The green box on page 25 explains how your subscription has already been paid.

Officer in Vietnam

I want to thank you for your magazine Tomorrow's World. I find it enlightening, informative and inspiring. Being an officer in the U.S. Army in Vietnam, I find that I am able through Christ to face the difficult problems of this war. I have personnel who are on the way to drug addiction—people who are using hard drugs. I have problems of insubordination, low morale, alcoholism and many more. God will help me in those trying times if I pray and believe that He will.

1st Lt. John W., Paducah, Ky.

Soldier in the Philippines

I recently ran across a copy of your magazine Tomorrow's World and would like to know more about it. I work in a unit mail room and have access to all the magazines. Your magazine is a wonderful account of how God works today. So, if possible I would like to have a subscription of my own. I am currently stationed at Clark Air Force Base in the Philippines. I hope that you can find the time to send me the information I need in order to procure a subscription. If it is restricted to members only I will understand. And if there are any charges for this or the information, I will be glad to defray all costs.

Michael P., APO San Francisco

• No restrictions or costs whatsoever.

Personal Counsel

I read with interest your article in the Tomorrow's World, "Samson — Man of God," by Kenneth Westby. In the course of reading, I was deeply touched by the plight of Samson. And in the last paragraph I came across a part which I need most in my life. It is therefore my privilege to request the services of one of God's chosen ministers who is in our area.

Pio D., Masbate, Philippines

Please find enclosed a donation to help spread the Word of God. I noticed with enjoyment your advertisement now in the Women's Weekly and no doubt you will get a tremendous response from the people of New Zealand. I enjoyed your article [in Tomorrow's World] on New Zealand and was very present to note the great number of Co-Workers in this country. I hadn't realized there were so many trying to keep God's Commandments. I'm ready to give my life to God. If you could send one of your counsellors to bring me into God's family, I would be most grateful.

Bob G., Christchurch, New Zealand

Two Ambassador College representatives paid me a visit yesterday evening. We had a scintillating conversation for an hour or so. They answered many of my questions.

John W., Denver, Colorado P.O. BOX 111, PASADENA, CALIF. 91109

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